



Sadakathullah Appa College

**An Autonomous Institution, Re-Accredited by NAAC at an 'A' Grade, * ISO 9001: 2015 Certified **

CRITERION VII

INSTITUTIONAL VALUES AND BEST PRACTICES

7.1.1

**Measures initiated by the Institution for the promotion of
gender equity during the last five years**

COUNSELLING

Counselling Cells

Submitted to

THE NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL (NAAC)

August 2022





Sadakathullah Appa College

*An Autonomous Institution, Re-Accredited by NAAC at an 'A' Grade, * ISO 9001: 2015 Certified *

7.1.1

**Measures initiated by the Institution for the promotion of
gender equity during the last five years**

COUNSELLING

COUNSELLING CELL

With the intent to address and help resolve emotional and psychological issues of the student community, the College has established the “Counselling Cell” on college premises. The Counsellor assesses, diagnoses and treats students struggling with academic stress, anxiety, depression, social addictions and other problems they face. The Cell also organise various programmes, enabling them to understand their own potential and cope effectively with the problems they face.



COUNSELLING

Department of Counselling Cell

The aim of the department of student's counselling is to maintain the student's mental health and also to develop their skills. The role of the student's counselor is to give the guidance for students who are in the mental illness.

The department of student's counselling takes every responsibilities to produce and measure who are personally, socially, emotionally mature and also organised so many awareness program about mental health, Cancer awareness program, Women's day celebration to empowering the students and also organising program in village schools about learning difficulties, and Autism awareness program.

Our dep
students:

*
*
*
*
*
*
*
*
*
*

Our department is providing following services to our students: (Group counselling)

- * Mental health awareness,
- * Stress, Anxiety management,
- * Assess your personality, skill, strength & weakness.
- * Understand mental Disorders.
- * Memory, concentration and learning method.
- * Communication & developing Peer group relationship.
- * Behaviour management
- * Personality development.
- * Drug Addiction
- * Love.....
- * Positive Thinking
- * Life skill Training.

STUDENTS COUNSELLING CELL FOR GIRLS

THE ACTIVITIES OF THE STUDENTS COUNSELLING CELL (2020-2021))

MEMBERS OF THE COUNSELLING CELL:

Year	Staff Members	Convener
2020-21	Ms. A. Ramya	Mrs. A.C. Asha

THE ACTIVITIES OF THE STUDENTS COUNSELLING CELL (2019-2020)

MEMBERS OF THE COUNSELLING CELL:

Year	Staff Members	Convener
2019-20	Ms. A. Ramya	Mrs. A.C. Asha

THE ACTIVITIES OF THE STUDENTS COUNSELLING CELL – 2018-2019

MEMBERS OF THE COUNSELLING CELL:

Year	Staff Members	Convener
2018-19	Dr.KannahMuthiah Dr. S. Syed Ali Fathima Dr. M. Syed Ali Fathima Dr.M.SulthanaBarvin Dr. M. NazeerAhamed Dr. C. Asha	Mrs.A.RashethaBegam

Name of the Capability Enhancement Scheme	Year	Number of students counselled	Internal Counsellor
Individual Counselling-Girls	2018-2019	19	A.C.Asha (Students'Counsellor)
Individual Counselling-Boys	2018-2019	14	A.C.Asha (Students'Counsellor)

Name of the Capability Enhancement Scheme	Year	Number of students counselled	Internal Counsellor
Group Counselling-Girls	2018-2019	3612 students(Aided and Unaided)	A.C.Asha (Students'Counsellor)

Name of the Capability Enhancement Scheme	Year	Number of students counselled	External Counsellor
Legal Aid Panel	2018-2019	57	G.Jeyasudha,Advocate
Legal Aid Panel	2018-2019	57	B. Malini, Paralegal Volunteer
Legal Aid Panel	2018-2019	44	Magesh @ Mariammal, Advocate
Legal Aid Panel	2018-2019	115	M.Subhalakshmi,Advocate
Legal Aid Panel	2018-2019	149	Velvizhi, Advocate
Legal Aid Panel	2018-2019	98	J. Ponnuthai Regina, Advocate

Name of the Capability Enhancement Scheme	Year	Number of students counselled	Internal Counsellor
Programme1	2018-2019	227	A.C.Asha (Students'Counsellor)
Programme2	2018-2019	25	A.C.Asha (Students'Counsellor) along with SOP

Name of the Capability Enhancement Scheme	Year	Number of students counselled	Internal Counsellor
Arrear students Counselling	2018-2019	Nil	A.C.Asha (Students'Counsellor)

THE ACTIVITIES OF THE STUDENTS COUNSELLING CELL (2017-2018)

MEMBERS OF THE COUNSELLING CELL:

Year	Staff Members	Convener
2017-18	Dr.KannahMuthiah Dr. S. Syed Ali Fathima Dr. M. Syed Ali Fathima Dr.M.SulthanaBarvin	Mrs.A.RashethaBegam

Name of the Capability Enhancement Scheme	Year	Number of students counselled	Internal Counsellor
Individual Counselling-Girls	2017-2018	30	A.C.Asha (Students'Counsellor)
Individual Counselling-Boys	2017-2018	13	A.C.Asha (Students'Counsellor)

Name of the Capability Enhancement Scheme	Year	Number of students counselled	Internal Counsellor
Group Counselling-Girls	2017-2018	2980 students(Aided and Unaided)	A.C.Asha (Students'Counsellor)

Name of the Capability Enhancement Scheme	Year	Number of students counselled	External Counsellor
Legal Aid Panel	2017-2018	Nil	G.Jeyasudha, Advocate
Legal Aid Panel	2017-2018	60	E.Shenbaga, Advocate

Legal Aid Panel	2017-2018	49	V.TamilSelvi, Advocate
Legal Aid Panel	2017-2018	173	M.Subhalakshmi, Advocate
Name of the Capability Enhancement Scheme	Year	Number of students counselled	Internal Counsellor
Programme 1	2017-2018	110	A.C.Asha (Students'Counsellor) along with NSS
Programme 2	2017-2018	200	(Students'Counsellor)
Programme 3	2017-2018	25 girls	A.C.Asha (Students'Counsellor) along with SOP
Programme 4	2017-2018	25 girls	A.C.Asha (Students'Counsellor) along with SOP
Programme 5	2017-2018	250 girls	A.C.Asha (Students'Counsellor)
Programme 6	2017-2018	30 boys	A.C.Asha (Students'Counsellor) along with SOP

Name of the Capability Enhancement Scheme	Year	Number of students counselled	Internal Counsellor
Arrear students Counselling	2017-2018	90	A.C.Asha (Students'Counsellor)

THE ACTIVITIES OF THE STUDENTS COUNSELLING CELL (2016-2017)

MEMBERS OF THE COUNSELLING CELL:

Academic Year	Staff Members	Convener
2016-17	Dr.KannahMuthiah Dr.S.Syed Ali Fathima Dr.M.SulthanaBarvin	Mrs.A.RashethaBegam



Principal