

Sadakathullah Appa College (Autonomous)

(Reaccredited by NAAC at an 'A' Grade. An ISO 9001:2015 Certified Institution)

**Rahmath Nagar, Tirunelveli- 11.
Tamil Nadu.**

DEPARTMENT OF PSYCHOLOGY



CBCS SYLLABUS Learning Outcomes-based Curriculum Framework for PSYCHOLOGY (B.Sc.)

**(Applicable for the students admitted from June 2021 as per
the Resolutions of the Academic Council Meeting held on 20.03.2021)**

CONTENTS

Sl. No.	Course Title	Sub. Code	Page No.
1	இக்காலத்தமிழ்	21ULTA11	7
2	Grammar and Translation - I	21ULAR11	10
3	Communicative English -I	21ULEN11	13
4	General Psychology – I	21UCPY11	17
5	Developmental Psychology – I	21UCPY12	20
6	Psychology Practical - I	21UCPY1P1	23
7	Social Psychology-I	21UAPY11	25
8	Social Psychology Practical - I	21UAPY1P1	28
9	Value Education-I	21USVE1A	30
10	Value Education-II	21USVE1B	32
11	சமயத்தமிழ்	21ULTA21	33
12	Basic Grammar and Translation-II	21ULAR21	37
13	Communicative English – II	21ULEN21	40
14	General Psychology – II	21UCPY21	44
15	Developmental Psychology -II	21UCPY22	47
16	Psychology Practical- II	21UCPY2P1	50
17	Social Psychology - II	21UAPY21	52
18	Social Psychology Practical- II	21UAPY2P1	56
19	Environmental Science	21UEVS21	58
20	பயன்பாட்டுத்தமிழ்	21ULTA31	61
21	Modern Prose	21ULAR31	64
22	One-Act Plays and Writing Skill	21ULEN31	67
23	Abnormal Psychology -I	21UCPY31	71
24	Clinical interviewing and case history	21UCPY3P1	74
25	Biological Psychology	21UAPY31	76
26	Bio- Psychology Practical	21UAPY3P1	79
27	Fundamentals of Computing and Security	21USFC31	81
28	Swayam NPTEL Online Course	21USOC32	83
29	Positive Thinking	21USPY32	85
30	Psychology of Success	21UNPY31	88
31	சங்கத்தமிழ்	21ULTA41	90
32	Classical Prose	21ULAR41	92
33	A Practical Course in Spoken English	21ULEN41	94
34	Abnormal Psychology-II	21UCPY41	97
35	Mental Status Examination	21UCPY4P1	100
36	Guidance and Counseling	21UAPY41	102
37	Counseling Skills	21UAPY4P1	105
38	Soft Skills	21USSS41	108
39	Counseling Fundamentals	21USPY42	110
40	Psychology of Life and Work	21UNPY41	113
41	Extra Curricular Activities	-	
42	Sadakath Outreach Programme	-	
43	Filed work/Internship	21UFPY41	116

B.Sc. Psychology
DISTRIBUTION OF HOURS, CREDITS, NO. OF PAPERS & MARKS
(Applicable for students admitted in June 2021 and onwards)

Part	Course	Semester	Hours	Credits	Papers	Marks					
I	Tamil / Arabic	I to IV	24	12	4	400					
II	English	I to IV	24	12	4	400					
III	Discipline Specific Core (DSC) + Field work & Practical	I to VI	73	62	20	1700					
	Discipline Specific Elective (DSE) + Project	III & VI	16	18	4	400					
	Allied Theory & Practicals	I to IV	24	16	8	600					
IV	Non-Major Elective (NME)	III to IV	4	4	2	200					
	Skill Enhancement Course (SEC)	III, IV & VI	10	10	5	500					
	Ability Enhancement Compulsory Course (AECC) Social Value Education (SVE)	I	2	2	1	100					
	Environmental Science (EVS)	II	2	2	1	100					
V	Extension Activities	IV	--	1+1	1	200					
	Library Reading Hour	V	1								
TOTAL			180	140	50	4600					
SEMESTER WISE DISTRIBUTION OF HOURS											
Part	I	II	III				IV				Total
SEM	T/A	ENG	DSC	FW	DSE/PRO	AL	NME	SEC	VE/EVS	LRH	
I	6	6	10	-	-	6	-	-	2		30
II	6	6	10	-	-	6	-	-	2		30
III	6	6	6	-	-	6	2	4	-	-	30
IV	6	6	6	-	-	6	2	4	-	-	30
V	-	-	21	-	8	-	-	-	-	1	30
VI	-	-	20	-	8	-	-	2	-		30
Total	24	24	73	-	16	24	4	10	4	1	180

CBCS Syllabus – B.Sc. Psychology
(2021-22 onwards)

SEM	Part	Course	Title of the paper	S. Code	H/ W	L*	T*	P*	C	Marks		
										I	E	T
I	I	L-I	இக்காலத்தமிழ்	21ULTA11	6	6			3	25	75	100
			Grammar and Translation - I	21ULAR11								
	II	L-I	Communicative English -I	21ULEN11	6	6			3	25	75	100
	III	DSC-I	General Psychology – I	21UCPY11	4	3	1		4	25	75	100
	III	DSC-II	Developmental Psychology – I	21UCPY12	4	3	1		4	25	75	100
	III	P-I	Psychology Practical - I	21UCPY1P1	2			2	1	40	60	100/2
	III	A-I/1	Social Psychology-I	21UAPY11	4	3	1		3	25	75	100
	III	A-I/1P	Social Psychology Practical - I	21UAPY1P1	2			2	1	40	60	100/2
II	I	L-II	சமயத்தமிழ்	21ULTA21	6	6			3	25	75	100
			Basic Grammar and Translation-II	21ULAR21								
	II	L-II	Communicative English – II	21ULEN21	6	6			3	25	75	100
	III	DSC-III	General Psychology – II	21UCPY21	4	3	1		4	25	75	100
	III	DSC-IV	Developmental Psychology -II	21UCPY22	4	3	1		4	25	75	100
	III	P-II	Psychology Practical-II	21UCPY2P1	2			2	1	40	60	100/2
	III	A-I/2	Social Psychology - II	21UAPY21	4	3	1		3	25	75	100
	III	A-I/2P	Social Psychology Practical- II	21UAPY2P1	2	2		2	1	40	60	100/2
III	IV	AECC-II	Environmental Science	21UEVS21	2	2			2	25	75	100
	I	L-III	பயன்பாட்டுத்தமிழ்	21ULTA31	6	6			3	25	75	100
			Modern Prose	21ULAR31								
	II	L-III	One-Act Plays and Writing Skill	21ULEN31	6	6			3	25	75	100
	III	DSC-V	Abnormal Psychology -I	21UCPY31	4	3	1		4	25	75	100
	III	P-III	Clinical interviewing and case history	21UCPY3P1	2			2	1	40	60	100/2
	III	A-II/1	Biological Psychology	21UAPY31	4	3	1		3	25	75	100
	III	A-II/1P	Bio- Psychology Practical	21UAPY3P1	2			2	1	40	60	100/2
IV	SEC-I		Fundamentals of Computing and Security	21USFC31	2	2			2	25	75	100
	SEC-II		Swayam NPTEL	21USOC32	2	2			2	25	75	100

			Online Course									
			Positive Thinking	21USPY32								
	IV	NME-I	Psychology of Success	21UNPY31	2	2			2	25	75	100
IV	I	L-IV	சங்கத்தமிழ்	21ULTA41	6	6			3	25	75	100
			Classical Prose	21ULAR41								
	II	L-IV	A Practical Course in Spoken English	21ULEN41	6	6			3	25	75	100
	III	DSC-VI	Abnormal Psychology-II	21UCPY41	4	3	1		4	25	75	100
	III	P-IV	Mental Status Examination	21UCPY4P1	2			2	1	40	60	100/2
	III	A-II/2	Guidance and Counseling	21UAPY41	4	3	1		3	25	75	100
	III	A-II/2P	Counseling Skills	21UAPY4P1	2			2	1	40	60	100/2
	IV	SEC-III	Soft Skills	21USSS41	2	2			2	25	75	100
	IV	SEC-IV	Counseling Fundamentals	21USPY42	2	2			2	25	75	100
	IV	NME-II	Psychology of Life and Work	21UNPY41	2	2			2	25	75	100
	V	ECA	Extra Curricular Activities						1			100
	V	SOP	Sadakath Outreach Programme						1			100
	III	FW/I	Filed work/Internship	21UFPY41					2			100

* L – Lecture hours

* T – Tutorial hours

* P – Practical hours

* Extra hours for Project Work outside the working hours.

♦ Project Report - 60 marks, Viva-Voce Examination - 40 marks

Fieldwork Report - 60 marks, Viva-Voce Examination - 40 marks

**B.Sc. Nutrition and Dietetics COURSE STRUCTURE (CBCS)
(Applicable for students admitted in June 2021 and onwards)**

TITLE OF THE PAPERS, CREDITS & MARKS

GROUP II COURSES (TWO -YEAR LANGUAGE COURSES)

**(B.A. Arabic, B.A. Tamil, B.A. English, B.A. History, B.Sc. Mathematics,
B.Sc. Physics, B.Sc. Chemistry, B.Sc. Zoology, B.Sc. Microbiology and
B.Sc. Nutrition and Dietetics)**

SEM	Title of the paper	S. CODE	H/W	C	I	E	T
PART I - TAMIL							
I	இக்காலத் தமிழ்	21ULTA11	6	3	25	75	100
II	சமயத் தமிழ்	21ULTA21	6	3	25	75	100
III	பயன்பாட்டுத் தமிழ்	21ULTA31	6	3	25	75	100
IV	சங்கத் தமிழ்	21ULTA41	6	3	25	75	100
TOTAL			24	12			400
PART I – ARABIC							
I	Applied Grammar and Translation – I	21ULAR11	6	3	25	75	100
II	Applied Grammar and Translation – II	21ULAR21	6	3	25	75	100
III	Applied Grammar and Translation – III	21ULAR31	6	3	25	75	100
IV	<i>Classical Prose</i>	21ULAR41	6	3	25	75	100
TOTAL			24	12			400
PART II – ENGLISH							
I	Prose, Poetry and Grammar-I	21ULEN11	6	3	25	75	100
II	Prose, Poetry and Grammar-II	21ULEN21	6	3	25	75	100
III	One – Act Plays and Writing Skill	21ULEN31	6	3	25	75	100
IV	A Practical Course in Spoken English	21ULEN41	6	3	25	75	100
TOTAL			24	12			400

Program Learning Outcomes

Upon completing of the B.Sc. Degree Programme the graduate will be able to:

PLO 1: Disciplinary Knowledge

- Acquire scientific knowledge and the understanding of major concepts and theoretical principles.

PLO 2: Creative Thinking and Practical Skills / Problem Solving Skills

- Enrich skills of observation / research related skills to draw logical inferences from scientific experiments/ programming and skills of creative thinking to develop novel ideas.
- Hone problem solving skills in theoretical, experimental and computational areas and to apply them in research fields and in real life situations.

PLO 3: Sense of inquiry and Skilled Communicator

- Develop the capability for raising appropriate questions relating to the current/emerging issues encountered in the scientific field and to plan, execute and express the results of experiments / investigations through technical writings as well as through oral presentations.

PLO 4: Ethical Awareness / Team Work / Environmental Conservation and Sustainability

- Equip them for conducting work as an individual / as a member, or as a leader in diverse teams upholding values such as honesty and precision and thus preventing unethical behaviours such as fabrication, falsification, misrepresentation of data, plagiarism etc. to ensure academic integrity.
- Realize that environment and humans are dependent on one another and to know about the responsible management of our ecosystem for survival, and for the well-being of the future generation as well.

PLO 5: Usage of ICT/ Lifelong Learning / Self-Directed Learning

- Inculcate the habit of learning continuously through the effective adoption of ICT to update knowledge in the emerging areas in Sciences for inventions/discoveries and also to engage in remote / independent learning.

Program Specific Outcomes

S. No	Upon completion of the B.Sc. Degree Programme, students will be able to:	PLOs Mapped
PSO1	Acquiring psychological knowledge based on scientific theories and principles.	1 & 2
PSO2	Foster creative thinking and provide practical solutions to the problems pertaining to mental health.	2 & 3
PSO 3	Enrich professional skills that would provide for ethical practice of psychology and to stimulate curiosity and interrogate contemporary knowledge and research.	2 & 4
PSO 4	Be sensitive to the environmental facilitation that would provide for quality in survival of humanity.	4 & 5
PLO 5	Be able to enrich professional knowledge with continuous learning and stay updated in the emerging areas of psychological inquiry.	3 & 5

SEMESTER – I

Course Title	இக்காலத் தமிழ் Ikkala Tamil (Modern Tamil)
Total Hrs.	90
Hrs./Week	6
Course Code	21ULTA11
Course Type	Part – I - Tamil
Credits	3
Marks	100

General Objective: To introduce literary history, the basics of grammar, and the genres such as poetry, short stories and essays.

Course Objectives:

CO	The learners will be able to:
CO-1	Understand the major literary forms such as poetry, short stories and essays and their characteristics.
CO-2	Apply their knowledge to learn the effective use of language and literature.
CO-3	Analyse the social / political / religious / economical issues dealt with in literary pieces.
CO-4	Differentiate the literary forms to know their nuances.
CO-5	Produce verses, short stories and essays.

அலகு 1 தமிழ்ச் செய்யுள்

1. தமிழ் - பாரதியார்
2. புதிய உலகு செய்வோம் - பாரதிதாசன்
3. மனிதனைத் தேடி - மு.மேத்தா
4. தொலைந்து போனவர்கள் - அப்துல் ரகுமான்
5. ஒவ்வொரு புல்லையும் பெயர் சொல்லி அழைப்பேன் - இன்குலாப்
6. சினேகிதனின் தாழ்வான வீடு - கலாப்ரியா
7. இடைவெளி - மனுஷ்ய புத்திரன்
8. சிறைச்சாலைக்காக - அறிவுமதி
9. விழித்தெழுக என் தேசம் - இரவிந்திரநாத் தாகூர் (ஜெயபாரதன் (மொ.பெ))
10. மறதி - ஈரோடு தமிழன்பன்
11. பெண்கவிகளின் கவிதைகள்
12. என்மேல் பரிவுகாட்டு என் ஆத்மாவே - கலீல் ஜிப்ரான்
13. அந்தி மனம் - கல்யாண்ஜி
14. நகைப்பா - மாமதயானை
15. பியானோ- பிரமிள்
16. அழிவு - ஆத்மாநாம்
17. உள் உலகங்கள் - ஞானக்கூத்தன்
18. கிளிக்குஞ்சு - ந.பிச்சமூர்த்தி
19. கடைசி விருந்து - சுகுமாரன்
20. தூர் - நா.முத்துக்குமார்
21. ஜென் கவிதைகள்

22. ஹைக்கூ கவிதைகள்

நீங்கள் பயின்ற புதுக்கவிதைகளின் அடிப்படையில் நவீனப் புதுக்கவிதைகள் மற்றும் ஹைக்கூக் கவிதைகள் தருக.

அலகு - 2 சிறுகதைகள்

1. மனித யந்திரம் - புதுமைப்பித்தன்
2. அனந்தசயனம் காலனி - தோப்பில் முகம்மது மீரான்
3. மிருகம் - வண்ணநிலவன்
4. செடிகளுக்கு - வண்ணதாசன்
5. கனவில் உதிர்ந்த பூ - நானும்பூநாதன்
6. சொர்க்கக் கன்னிகை - கருணாமணாளன்
7. நீலம் பூக்கும் திருமடம் - ஜா.தீபா
8. குற்றமும் தண்டனையும் - லியோ டால்ஸ்டாய்

சிறுகதைகள் எழுதப் பயிற்சி அளித்து மாணவரின் சிறுகதையினைக் கல்லூரி ஆண்டு மலரில் இடம்பெறச்செய்தல்.

அலகு 3 அறிவுசார் கட்டுரைகள்

1. தொல்லியல் நோக்கில் உலகத் தமிழர் பண்பாடு
2. ஓங்கி ஒலித்த பெருங்குரல்; ஆத்மாநாம் கவிதைகள்
3. நகுலனின் தனிமை
4. கவிக்கோ அப்துல் ரகுமான் கவிதைகள்
5. இறைவனை நினைப்போம் அன்பினை வளர்ப்போம்
6. சுருக்கம் தேடும் விரிந்த கவிதைகள்
7. இலக்கியத்தில் சுற்றுச்சூழலியல்

நீங்கள் அண்மையில் பயணித்த ஓர் இடம் குறித்து இரசனையோடு எழுதுக.

அலகு 4 இலக்கிய வரலாறு

1. புதுக்கவிதை தோற்றமும் வளர்ச்சியும்
2. நவீனத் தமிழ்க் கவிதைகளின் புதிய போக்குகள்
3. தமிழ்ச் சிறுகதைகளின் தோற்றமும் வளர்ச்சியும்

அலகு 5 இலக்கணம் அறிமுகம்

1. முதலெழுத்துகள்
2. சார்பெழுத்துகள்
3. உயிர் எழுத்தின் வகைகள்
4. மெய் எழுத்தின் வகைகள்
5. சுட்டெழுத்துகள்
6. வினாவெழுத்துகள்
7. வல்லினம் மிகும் இடங்கள்
8. வல்லினம் மிகா இடங்கள்
9. பகுபத உறுப்புகள்
10. இலக்கணக் குறிப்புகள்

நீங்கள் வாசிக்கும் செய்தித்தாள்களில் இடம்பெறும் எழுத்துப் பிழைகளைச் சுட்டிக் காட்டுக.

பாடநூல்கள்

- இக்காலத்தமிழ், தமிழ்த்துறை வெளியீடு, சதக்கத்துல்லாஹ் அப்பா கல்லூரி, திருநெல்வேலி.

பார்வை நூல்கள்

தமிழ் இலக்கிய வரலாறு, முனைவர் சு.ஆனந்தன், கண்மணி பதிப்பகம்,

Course Outcomes:

CO	Upon completion of this course, students will be able to	PSOs Addressed	Cognitive Level
CO-1	Understand the concepts behind modern poetry, short stories, essays, literary history and grammar.	1	Understanding
CO-2	Explain the methodologies for the effective use of language and literature.	1, 2	Applying
CO-3	Apply their knowledge to analyse the socio-political / economic / religious issues presented in the literary texts.	1,2,3,4	Applying
CO-4	Categorize the major literary forms according to their origin and development.	1,2,3	Analysing
CO-5	Assess the ways and means to develop the art of writing insisting on environmental conservation, social harmony and interconnectedness regionally, nationally and globally.	1,2,4,5	Evaluating

Relationship Matrix

Semester	Course Code	Title of the Course				Hours			Credit	
I	21ULTA11	Ikkala Tamil				90			3	
Course Outcomes (COs)	Programme Learning Outcomes (PLOs)					Programme Specific Outcomes (PSOs)				
	PLO 1	PLO 2	PLO 3	PLO 4	PLO 5	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO-1	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
CO-2	✓	✓	✓	✓	✓	✓	✓	✓		
CO-3	✓	✓	✓	✓	✓	✓	✓	✓	✓	
CO-4	✓	✓	✓		✓	✓	✓	✓		
CO-5	✓	✓	✓	✓	✓	✓	✓		✓	✓
	Number of matches (✓) = 43 Relationship = High									

SEMESTER – I

Course Title	BASIC GRAMMAR AND TRANSLATION-I
Total Hrs.	90
Hrs./Week	6
Sub. Code	21ULAR11
Course Type	Part – I - Arabic
Credits	3
Marks	100

General Objective: To teach the basics of Arabic Phonetics, Grammar and Translation.

Course Objectives:

CO	The learners will be able to:
CO-1	Identify the Arabic Alphabet.
CO-2	Understand the speech sounds in Arabic.
CO-3	Explain the basic grammatical items and their uses.
CO-4	Evaluate the strategies for developing communicative competency.
CO-5	Experiment the art of speaking and writing.

Unit I: Arabic for Beginners

Lesson 1-4 (Page No. 1 to 19) The Alphabet, Vowels-Diphthong,
Nunation Doubled consonant, changing shapes of the Alphabet, Definite article

Unit II: Arabic for Beginners

Lesson-5 Parts of Speech Class room (Page No. 20,21)
Model sentences (Page No. 25)
Lesson-6 Noun-Qualified and Adjectives (Page No. 26 &27)
Model sentences (Page No. 32,33)
Lesson-7 Gender (Page No. 34&35)
Lesson-8 Singular, Dual and Plural (Page No. 36&37)
Lesson-9 The Nominal Sentence (Page No. 38&40)
Model sentences (Page No. 44,45)

Unit III: Arabic for Beginners

Lesson-10 The possessive (Page No. 46& 47), Model sentences (Page No.51)

Lesson-11 Personal pronouns, We work (Page No. 52,53 &54)

Model sentences (Page No.58 & 59)

Lesson-12 demonstrative and Relative pronouns, New York city (Page No. 60,61,62,& 67)

Lesson-13 Interrogatives, Conversation (Page No. 68,69 & 70)

Model sentences (Page No.74 & 75)

Unit IV: Al -Qirat –Al-Wazhiha Part –I

Lesson 1-7 from

Unit V: Al -Qirat –Al-Wazhiha Part –I

Lesson 8-14

Textbooks:

1. Syed Ali. *Arabic for Beginners*. UBS Publishers & Distributors Ltd. New Delhi: (International Edition 2011)
2. Waheed Az-zaman Al-Keeranavi. *Al -Qira'ath –Al-Wazhiha Part –I*.

Course Outcomes:

CO	Upon completion of the course, the students will be able to:	PSOs Addressed	Cognitive Level
CO-1	Summarize the Arabic alphabet and speech sounds in Arabic.	1,2	Understanding
CO-2	Apply the basic grammar rules of Arabic in their communication.	1,2,5	Applying
CO-3	Discover the functions of Nouns, Adjectives, Personal and Demonstrative Pronouns, Prepositions, Countable and Uncountable for effective usage.	1,2,3	Applying
CO-4	Analyze the methods in order to attain communication skills.	1,2,3,5	Analyzing
CO-5	Evaluate conversational patterns and write short passages in Arabic.	1,2,4	Evaluating

Relationship Matrix

Semester	Course Code	Title of the Course				Hours	Credits			
I	21ULAR 11	BASIC GRAMMAR AND TRANSLATION-I				90	3			
Course Outcomes (COs)	Programme Learning Outcomes (PLOs)					Programme Specific Outcomes (PSOs)				
	PLO 1	PLO 2	PLO 3	PLO 4	PLO 5	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO-1	✓	✓			✓	✓	✓			
CO-2	✓	✓				✓	✓			✓
CO-3	✓	✓	✓	✓		✓	✓	✓		
CO-4	✓	✓		✓		✓	✓	✓		✓
CO-5	✓			✓	✓	✓	✓		✓	
	Number of matches (✓) = 30 Relationship = Medium									

SEMESTER – I

Course Title	COMMUNICATIVE ENGLISH - I
Total Hrs.	90
Hrs./Week	6
Course Code	21ULEN11
Course Type	Part – II - English
Credits	3
Marks	100

General Objective:

To teach the four skills viz. Listening, Speaking, Reading, and Writing to train the students the skills necessary for social and academic interactions.

Course Objectives:

CO	The learners will be able to:
CO-1	Understand the significance and the use of the four skills (LSRW).
CO-2	Apply the skills acquired to listen to English keenly, to understand the context clearly and to respond to others accordingly.
CO-3	Identify the strategies of language learning and use in real-life situations by means of reading extensively.
CO-4	Examine the correct and incorrect expressions in everyday English to take notes and write essays.
CO-5	Express their ideas without committing any grammatical errors.

Unit – I

1. Listening and Speaking
 - a. Introducing self and others
 - b. Listening for specific information
 - c. Pronunciation (without phonetic symbols)
 - i. Essentials of pronunciation
 - ii. American and British pronunciation
2. Reading and Writing
 - a. Reading short articles – newspaper reports / fact based articles
 - i. Skimming and scanning
 - ii. Diction and tone
 - iii. Identifying topic sentences
 - b. Reading Aloud: Reading an article/report
 - c. Journal (Diary) Writing

3. Study Skills - 1
Using dictionaries, encyclopedias, thesaurus
Grammar in Context:

Naming and Describing

- Nouns & Pronouns
- Adjectives

Unit – II

1. Listening and Speaking

- a. Listening with a purpose:
- b. Effective Listening:
- c. Tonal Variation:
- d. Listening for information
- e. Asking for Information
- f. Giving Information:

2. Reading and Writing

- a. Strategies of Reading:
Skimming and Scanning
- b. Types of Reading:
Extensive and Intensive Reading
- c. Reading a prose passage
- d. Reading a poem
- e. Reading a short story

3. Paragraphs: Structure and types

- a. What is a Paragraph?
- b. Paragraph structure
- c. Topic Sentence
- d. Unity
- e. Coherence.
- f. Connections between Ideas: Using Transitional words and expressions.
- g. Types of Paragraphs

4. Study Skills II:

Using the Internet as a Resource

- a. Online search:
- b. Know the keyword:
- c. Refine your search:
- d. Guidelines for using the Resources:
- e. e-learning resources of Government of India
- f. Terms to know

5. Grammar in Context

Involving Action-I

- a. Verbs
- b. Concord

Unit – III

1. Listening and Speaking
 - a. Giving and following instructions
 - b. Asking for and giving directions
 - c. Continuing discussions with connecting ideas

2. Reading and writing
 - a. Reading feature articles (from newspapers and magazines)
 - b. Reading to identify point of view and perspective (opinion pieces, editorials etc.)
 - c. Descriptive writing – writing a short descriptive essay of two to three paragraphs.

3. Grammar in Context:

Involving Action – II

- Verbals - Gerund, Participle, Infinitive
- Modals

Unit – IV

1. Listening and Speaking
 - a. Giving and responding to opinions
2. Reading and writing
 - a. Note taking
 - b. Narrative writing – writing narrative essays of two to three paragraphs

3. Grammar in Context:

Tense

- Present
- Past
- Future

Unit - V

1. Listening and Speaking
 - a. Participating in a Group Discussion
2. Reading and writing
 - a. Reading diagrammatic information – interpretations maps, graphs and pie charts
 - b. Writing short essays using the language of comparison and contrast
3. Grammar in Context: Voice (showing the relationship between Tense and Voice)

Textbook:

Board of Editors. *COMMUNICATIVE ENGLISH -1*. Tamil Nadu State Council for Higher Education (TANSCH). Chennai: 2020.

References:

1. Radhakrishna Pillai.G,ed.Written English for You.Chennai:Emerald Publishers, 1990 (rpt2008).
2. Nihamathullah.A.et al. A Course in Spoken English.Tirunelveli: MSU, 2005. (rpt 2010).

Course Outcomes

CO No.	Upon completion of this course, students would have learned to:	PLO Addressed	Cognitive Level
CO-1	Understand the importance of language skills in order to communicate effectively.	1,2	Understanding
CO-2	Apply the listening skill to pronounce words better and to understand contextual meaning.	1,2,3	Applying
CO-3	Develop reading skill to learn vocabulary, use it appropriately, and acquire analytical skill and the like.	1,2,3,4	Applying
CO-4	Explain the nuances of common errors in English.	3,4,5	Analyzing
CO-5	Choose to use English language consciously without any errors.	1,2,4,5	Evaluating

Relationship Matrix

Semester	Course Code					Title of the Course		Hours	Credits	
I	21ULEN11					Communicative English - I		90	3	
Course Outcomes (COS)	Programme Learning Outcomes (PLOs)					Programme Specific Outcomes (PSOs)				
	PLO 1	PLO 2	PLO3	PLO4	PLO5	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO-1	✓	✓				✓	✓			
CO-2	✓	✓	✓			✓	✓	✓		
CO-3	✓	✓	✓	✓		✓	✓	✓	✓	
CO-4	✓		✓	✓	✓	✓		✓	✓	✓
CO-5	✓	✓		✓	✓	✓	✓		✓	✓
	Number of matches (✓) = 34 Relationship = High									

SEMESTER – I

Course Title	GENERAL PSYCHOLOGY – I
Total Hrs.	60
Hrs./Week	4
Course Code	21UCPY11
Course Type	DSC-I
Credits	4
Marks	100

General Objective:

To have the essential foundation for the acquisition of psychological terms

Course Objectives:

CO.	The learner will be able to :
CO 1	Understand the nature of the subject matter of psychology.
CO 2	Extract the characteristics of sensation, perception and attention.
CO 3	Recognize the different states of consciousness.
CO 4	Perceive learning in psychological terms.
CO 5	Establish facts relating to memory and forgetting.

UNIT-I

INTRODUCTION AND METHODS

What is Psychology?: Definition – Goals – The History of Psychology – Schools–
Psychology : The Science – **Methods:** Introspection – Observation – Survey – Experiment –
Case Study – Correlation Research – **Scope of Psychology:** Branches of basic Psychology –
Branches of applied Psychology

UNIT-II

SENSATION, PERCEPTION AND ATTENTION

Sensation: Meaning – Psychophysics: Thresholds – Weber's Law – Adaptation – **Basic sensation:** Vision – Hearing – Touch and other Skin senses – olfaction- Gustation
Proprioception: Kinesthetic sense – Vestibular sense – **Perception:** Meaning– Organising principles of perception –Constancies-Pattern perception, Distance perception. Errors in

Perception - Illusion – Types; Hallucinations – Types; Extra Sensory Perception. - Factors that influence perception – Depth perception **Attention:** Meaning – Types – Determinants.

UNIT-III

CONSCIOUSNESS

States of Consciousness: Consciousness – Definition – Two Major Types – **Natural State of Consciousness** Biological Rhythms – Circadian Rhythms ; Waking States of Consciousness – Sleep – Functions – Stages – Sleep Disorders – Dream. **Altered States of Consciousness**-meaning – Hypnosis – Use of Drugs – Meditation – Other Altered States. **Sensory deprivation**- Near death Experience- Lucid dreaming

UNIT-IV

LEARNING

Learning: Definition – Nature- **Association Learning** – Classical Conditioning – Basic Principles; Operant Conditioning – Basic Principles – Reinforcement – Types – Punishment – Types. Schedules of Reinforcement – Shaping – Learned Helplessness; Similarities and Differences between Classical Conditioning and Operant Conditioning*. **Social and Cognitive Learning** – Latent Learning – Insight Learning – Observational Learning.

UNIT-V

MEMORY AND FORGETTING

Memory: Definition – **Memory Process:** Encoding – Storage – Retrieval – The information processing model – Sensory memory – Short term memory – Long term memory – **Forgetting:** Meaning – Forgetting curve-Theories of forgetting - Causes – Memory and Brain – Improving memory.

Textbook:

Cicarelli, K. S., Meyer, E. G. & Misra., “G. Psychology”, South Asia Edition.: Dorling Kingsley (India) Pvt, Ltd, New Delhi, 2008.

Reference book:

Baron, A. R., “Psychology”, 5th Edition, Pearson Education, New Delhi, 2010.

Course Outcomes

CO. No.	Upon completion of this course, students will be able to:	PSOs Addressed	Cognitive Level
CO 1	Gain knowledge on generic psychology.	1 & 4	Understanding
CO 2	Relate the concepts in our understanding of world in day to day basis.	1 & 2	Applying
CO 3	Correlate experiences with psychological thought.	2 & 3	Analyzing
CO 4	Evaluate the environment in psychological ideology.	4 & 3	Evaluating
CO 5	Design perception based on psychological background.	1 & 5	Creating

Relationship Matrix

Semester	Course Code	Title of the Course				Hours	Credits			
I	21UCPY11	GENERAL PSYCHOLOGY – I				60	4			
Course Outcomes (COs)	Programme Learning Outcomes (PLOs)					Programme Specific Outcomes (PSOs)				
	PLO 1	PLO 2	PLO 3	PLO 4	PLO 5	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO-1	✓	✓		✓	✓	✓			✓	
CO-2	✓	✓	✓			✓	✓			
CO-3		✓	✓	✓			✓	✓		
CO-4		✓	✓	✓	✓			✓	✓	
CO-5	✓	✓	✓		✓	✓				✓
	Number of matches (✓) = 28 Relationship = Medium									

SEMESTER – I

Course Title	DEVELOPMENTAL PSYCHOLOGY -I
Total Hrs.	60
Hrs./Week	4
Course Code	21UCPY12
Course Type	DSC-2
Credits	4
Marks	100

General Objective:

To acknowledge the behaviour dynamics associated with development in each stage of human lifespan

Course Objectives:

CO No.	The learner will be able to :
CO 1	Understand the concept of development and developmental changes impacting lifespan.
CO 2	Identify and describe developmental pattern pertaining to prenatal period and infancy.
CO 3	Recognize developmental characteristics pertaining to babyhood.
CO 4	Explain developmental issues encountered in the early childhood.
CO 5	Elaborate on the developmental tasks achieved in the late childhood.

Unit - I

INTRODUCTION

Meaning of developmental changes – significant facts about development – the life span – difficulties in studying life span – development – the developmental tasks during the life span – happiness and unhappiness during the life span.

Unit – II:

PRE-NATAL PERIOD AND INFANCY

Beginning of life: conception – periods of prenatal development – hazards during prenatal period – understanding birth complications – Infancy characteristics of infancy – developmental tasks – physical development – physiological functions – muscle control – speech development play – development of understanding – mental development –

personality development – Piaget’s Cognitive developmental stages.

Unit - III

BABYHOOD

Babyhood: Characteristics- developmental tasks – physical development – physiological functions – muscle control – speech development- interest in play – development of understanding – mental development – personality development.

Unit - IV

EARLY CHILDHOOD

Early childhood: Characteristics – developmental tasks – physical development – skills – speech development – emotional development – socialization – play – moral development – family relationships – personality development.

Unit -V:

LATE CHILDHOOD

Late childhood: Characteristics – developmental tasks – physical growth – skills – speech development – emotional expressions – social behaviour – play interests – moral attitudes and interests – personality changes.

Textbook:

1. Hurlock E.B. 1997. *Developmental Psychology* (4th ed), New Delhi: Tata McGraw Hill.

Books for Reference:

1. Hurlock E.B. 1997: *Developmental Psychology* (4th ed). New Delhi: Tata McGraw Hill.
2. Thompson, George G. 1981: *Child Psychology* (2nd ed). Delhi: Surjeet Publications.
3. Berk L.E. 2005 *Child Development*, (2nd Ed.), New Delhi: Pearson Education.
4. Shaffer R.H. 2004. *Child Psychology* M.A. Blackwell publishing,
5. Papalia D.E & Old & S.W. 1978 *Human Development*. New Delhi: Tata McGraw Hill Kogakusha.

Course Outcomes

CO. No.	Upon completion of this course, students will be able to:	PSOs Addressed	Cognitive Level
CO 1	Relate the knowledge of appropriate developmental changes in prenatal, infancy, babyhood, early and late childhood in everyday observation.	1 & 2	Understanding and Applying
CO 2	Analyze the impact of developmental task achieved and underachieved in prenatal, infancy, babyhood, early and late childhood.	2 & 3	Analyzing
CO 3	Evaluate developmental milestones in prenatal, infancy, babyhood, the early and the late childhood.	3 & 5	Evaluating
CO 4	Create awareness on favourable environment for adequate mastery of developmental tasks in prenatal, infancy, babyhood, the early and the late childhood.	4 & 1	Creating
CO 5	To modify environmental variables that would probably stimulate healthy development in prenatal, infancy, babyhood, the early and the late childhood.	4 & 5	Creating

Relationship Matrix

Semester	Course Code	Title of the Course					Hours		Credits	
I	21UCPY12	DEVELOPMENTAL PSYCHOLOGY -I					60		4	
Course Outcomes (COs)	Programme Learning Outcomes (PLOs)					Programme Specific Outcomes (PSOs)				
	PLO 1	PLO 2	PLO 3	PLO 4	PLO 5	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO-1	✓	✓	✓			✓	✓			
CO-2		✓	✓	✓			✓	✓		
CO-3		✓	✓	✓	✓			✓		✓
CO-4	✓	✓		✓	✓	✓			✓	
CO-5			✓	✓	✓				✓	✓
	Number of matches (✓) = 27 Relationship = Medium									

SEMESTER – I

Course Title	PSYCHOLOGY PRACTICAL- I
Total Hrs.	30
Hrs./Week	2
Course Code	21UCPY1P1
Course Type	Practical-I
Credits	1
Marks	100/2

General Objective :

To provide practicum exposure to fundamental methods , concepts of general and developmental psychology.

Course Objectives:

CO.No	The learner will be able to :
CO 1	Develop introspection, systematic observation skills.
CO 2	Comprehend basics of surveying by practical means.
CO 3	Measure development in Early stages of life span.
CO 4	Measure memory and attention.
CO 5	Reflect on the errors in perception.

Practicum to basic fundamental methods in Psychology

1. Introspection
2. Systematic/ Systematic Observation
3. Basic of survey

Measuring Development in Early stages of Life Span

4. Developmental Checklist for infancy and Babyhood
5. Developmental Checklist for Early and Late Childhood

Measuring Attention and Memory

6. Cancellation Test
7. Cueing on Recall
8. Retroactive Inhibition

Errors in Perception

9. Size-weight Illusion
10. Muller-Lyer Illusion

References :

1. Anastasi. & Susana Urbina (2004) 7th Edition. Psychological Testing, Pearson Education Inc., New Delhi.
2. Cronbach, L.J. Essentials of Psychological Testing.
3. Parameswaran & Ravichandra (2003) Experimental Psychology. Neel Kamal Publications.
4. Woodworth, R.S. and Scholesberg (1972) Experimental psychology. Holt, Rinehart & Winston.

Course Outcomes

CO. No.	Upon completion of this course, students will be able to:	PSOs Addressed	Cognitive Level
CO 1	Illustrate introspection, systematic observation skills.	1 & 2	Understanding
CO 2	Compare the developmental milestones of the early stages of development and identify delays in development.	3 & 4	Applying and Evaluating
CO 3	Relate concepts of memory and attention.	2 & 4	Analysing
CO 4	Develop survey questions and criteria for observation.	1 & 5	Creating
CO 5	Relate errors in perception.	3 & 5	Analysing

Relationship matrix

Semester	Course Code	Title of the Course				Hours	Credits			
I	21UCPY1P1	Psychology Practical- I				30	1			
Course Outcomes (COs)	Programme Learning Outcomes (PLOs)					Programme Specific Outcomes (PSOs)				
	PLO1	PLO2	PLO3	PLO4	PLO5	PSO1	PSO2	PSO3	PSO4	PSO5
CO-1	✓	✓	✓			✓	✓			
CO-2		✓		✓	✓			✓	✓	
CO-3		✓	✓	✓	✓		✓		✓	
CO-4	✓	✓	✓		✓	✓				✓
CO-5		✓	✓	✓	✓			✓		✓
	Number of matches (✓) = 28 Relationship = Medium									

SEMESTER – I

Course Title	SOCIAL PSYCHOLOGY - I
Total Hrs.	60
Hrs./Week	4
Course Code	21UAPY11
Course Type	Allied-I-1
Credits	3
Marks	100

General Objective: To reflect on individual behaviour in social context.

Course Objectives:

CO.	The learner will be able to :
CO 1	Understand the nature of social psychology and the Self as a social being.
CO 2	Recognize the components involved in social cognition.
CO 3	Extract elements of social perception.
CO 4	Explain the formation , change of attitude and its reflection in behaviour.
CO 5	Recognize the causes and cures of stereotyping , prejudice and discrimination.

UNIT I :SOCIAL PSYCHOLOGY AND THE SELF

Nature, goal and scope of Social Psychology – Methods of Social Psychology – Role of Theory in Social Psychology.

The Self: Self Presentation: Self-Other accuracy – Self-Presentation Tactics; Self-knowledge: Introspection – Self from other’s Standpoint; Personal vs Social Identity: Who am I ; Self-Esteem: Measurement of Self-Esteem – Gender differences; Social Comparison: Self-Serving Bias and Unrealistic Optimism; Self as Target of Prejudice: Emotional consequences – Behavioural consequences.

UNIT II: SOCIAL COGNITION

Heuristics: Representativeness – Availability – Anchoring and Adjustment – Status Quo Heuristic; Schemes: Impact of Schemes on Social Cognition – Priming - Schema Persistence – Reasoning by Metaphor; Automatic and Controlled Processing; Potential Sources of Error in Social Cognition: A basic “Tilt” in Social Thought – Situation-specific sources of error in Social Cognition; Affect and Cognition.

UNIT III: SOCIAL PERCEPTION

Nonverbal Communication: The Basic Channels – Scent – Facial Expressions – Facial Feedback Hypothesis - Recognizing Deception - The Role of Nonverbal Cues; Attribution: Theories of Attribution- Some Basic Sources of Error - Applications of Attribution Theory; Impression formation and Impression Management: Research on First Impressions – Formation of First Impressions – Implicit Personality theories – Tactics for “Good Looking”

UNIT IV: ATTITUDES

Attitudes: Meaning, nature and function - Attitudes Formation: Classical Conditioning– Instrumental Conditioning – Observational Learning; Influence of Attitude on Behaviour – Role of Social Context – Strength of Attitudes – Attitude Extremity – Attitude Certainty – Role of Personal Experience; Theories of reasoned and planned behaviour – Attitudes and spontaneous behaviour reactions; Persuasion: Communication, Messages and Audiences – Cognitive Processes underlying Persuasion; Resistance to persuasion: Protecting Personal freedom – Forewarning – Selective avoidance – Individual differences – Ego-Depletion; Cognitive Dissonance: Dissonance and Attitude Change – Alternative strategies for resolving dissonance – Dissonance as tool for beneficial changes.

UNIT V: STEREOTYPING, PREJUDICE AND DISCRIMINATION

Perceiving Inequality – Nature and origins of Stereotyping: Beliefs and social groups – formation and use of stereotyping – Stereotype threat; Prejudice: The Origins of Prejudice; Discrimination: Prejudice in Action – Modern Racism; Why Prejudice is Not Inevitable: Techniques for Countering its Effects: Learning not to Hate – Potential benefits of contact – Recategorisation – Benefits of Guilt – Saying “NO” to Stereotyping and Biased Attributions – Social Influence as a means of Reducing Prejudice; The Self as target of Prejudice: Emotional Consequences: Performance Deficits – Behavioral Consequences.

TEXTBOOKS:

1. Baron, R.A. & Byrne, D. (2000). *Social Psychology*. 9thed. Pearson.
2. Baron, R. A., & Branscombe, N. R. (2012). *Social Psychology*. 13thed. Pearson.

REFERENCES:

1. Feldman, R. S. (2005). *Social Psychology: Theory, Research and Application*. McGraw-Hill Education, New Delhi.
2. Myers, D.G. (2005) *Social Psychology*, New Delhi: Tata McGraw Hill.

Course Outcomes

CO. No.	Upon completion of this course, students will be able to:	PSOs Addressed	Cognitive Level
CO 1	Gain understanding of social aspects of individual behaviour.	1 & 2	Understanding
CO 2	Relate concepts of social psychology in every day social life.	2 & 3	Applying
CO 3	Compare and contrast the social behaviour of significant others who form our social environment.	3 & 4	Analyzing
CO 4	Evaluate individual behaviour in social context.	2 & 4	Evaluating
CO 5	Collaborate adaptively in a given social environment.	1 & 5	Creating

Relationship Matrix

Semester	Course Code	Title of the Course					Hours	Credits		
I	21UAPY11	SOCIAL PSYCHOLOGY - I					60	3		
Course Outcome s (COs)	Programme Learning Outcomes (PLOs)					Programme Specific Outcomes (PSOs)				
	PLO 1	PLO 2	PLO 3	PLO 4	PLO 5	PSO 1	PSO 2	PSO3	PSO 4	PSO5
CO-1	✓	✓	✓			✓	✓			
CO-2		✓	✓	✓			✓	✓		
CO-3		✓		✓	✓			✓	✓	
CO-4		✓	✓	✓	✓		✓		✓	
CO-5	✓	✓		✓	✓	✓				✓
	Number of matches (✓) = 27 Relationship = Medium									

SEMESTER – I

Course Title	SOCIAL PSYCHOLOGY PRACTICAL- I
Total Hrs.	30
Hrs./Week	2
Course Code	21UAPY11
Course Type	Allied-I-P1
Credits	1
Marks	100/2

General Objective :

To measure dimensions of self, social environment and adjustment.

Course Objectives:

CO. No.	The learner will be able to :
CO 1	Measure self concept and esteem.
CO 2	Monitor self with the aid of psychological tools.
CO 3	Find personal efficacy of an individual.
CO 4	Measure primary social environment.
CO 5	Measure individual adjustment.

Measuring Self

1. Self Concept
2. Self Esteem
3. Personal Efficacy
4. Self-Monitoring

Measuring Primary Social Environment

5. Family Environment
6. Parenting Style

Measuring Individual Adjustment

7. Adjustment Inventory
8. Perceived Social Support
9. Social Distance Scale
10. Social Skills

References

1. Baron, R.A. & Byrne, D. (2000). *Social Psychology*. 9th ed. Pearson.
2. Anastasi. & Susana Urbina (2004) 7th Edition. *Psychological Testing*, Pearson Education Inc., New Delhi.

Course Outcomes

CO. No.	Upon completion of this course, students will be able to:	PSOs Addressed	Cognitive Level
CO 1	Contrast self concept and self esteem measure.	1 & 2	Analysing
CO 2	Appraise on efficacy of a person.	2 & 4	Evaluating
CO 3	Value the style of parenting.	3 & 5	Evaluating
CO 4	Modify adjustment of an individual with baseline measure.	4 & 5	Creating
CO 5	Develop well adjusted social being.	1 & 3	Creating

Relationship Matrix

Semester	Course Code	Title of the Course				Hours	Credits			
I	21 UAPY1P1	Social Psychology Practical- I				30	1			
Course Outcome s (COs)	Programme Learning Outcomes (PLOs)					Programme Specific Outcomes (PSOs)				
	PLO 1	PLO 2	PLO 3	PLO 4	PLO 5	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO-1	✓	✓	✓			✓	✓			
CO-2		✓	✓	✓	✓		✓		✓	
CO-3		✓		✓	✓			✓		✓
CO-4		✓		✓	✓				✓	✓
CO-5	✓	✓		✓		✓		✓		
	Number of matches (✓) = 26 Relationship = Low/ Medium /High									

SEMESTER – I

Course Title	VALUE EDUCATION-1
Total Hrs.	30
Hrs./Week	2
Course Code	21USVE1A
Course Type	AECC-I
Credits	2
Marks	100

General Objective: To make students inculcate moral values, leading to faith and righteous action in their life.

Unit – I:Islam – Meaning – Importance – A complete Religion – The religion accepted by God – Five Pillars of Islam – Kalima – Prayers – Fasting – Zakat – Haj. Iman – Monotheism – Angels – Books – Prophets – Dooms Day – Life after death – Heaven and Hell.

Unit – II:Quran – The Book of Allah – Wahi – Revelation to Prophet Muhammad(sal) – Compilation – Preservance – Structure – Content – Purpose – Source of Islamic Law– SuraFathiha, Kafirun, Iqlas, Falakh and Nas.

Unit – III:Hadith – Siha Sitha – Buhari – Muslim – Tirmithi – Abu Dawood – Nasai – Ibn Maja – Collection of Hadith – Meaning of 40 Hadith.

Unit – IV:Life History of Prophet Muhammad (sal) – AiamulJahiliya – Prophet’s Childhood and Marriage – Prophethood – Life at Mecca – Life at Medinah – Farewell Address – Seal of Prophethood.

Unit – V:Good character – Etiquettes – Halal and Haram – Duties towards Allah – Duties towards fellow beings – MasnoonDuas.

Textbooks:**Publication of SadakathullahAppa College****Reference Books:**

- 1.V.A. Moahmed Ashrof – Islamic Dimensions – Reflection and Review on Quranic Themes.
- 2.The Presidency of Islamic Researchers – Revised & Edited – The Holy Quran.
- 3.M. ManzoorNomani – Islamic Faith & Practice.
- 4.Ali Nadawi, Abul Hasan– Muhammad Rasulullah.,Muassasathus Sahafawa Nashr publication Lucknow, India,1999.
- 5.K. Ali – A Study of Islamic History.
- 6.Abdul Rahuman Abdulla
h – Islamic Dress code for Women.
- 7.Dr. MunirAhamed Mughal – Code For Believers.
8. Abdul Malik Mujahid – Gems and Jewels.

SEMESTER – I

Course Title	VALUE EDUCATION-II
Total Hrs.	30
Hrs./Week	2
Course Code	21USVE1B
Course Type	AECC-I
Credits	2
Marks	100

UNIT I

Individual Morality – Objective of Moral life – Living in accordance with the code of Morality – the goodness of Morality – Morality and *Thirukural*- The need for faith.

UNIT II

Adherence to higher code of Morality – Fear of God – Good Moral Values – Duty to Parents – Teacher, respecting elders – Moral Etiquettes – Right-minded Principle – High Principles for Proper conduct.

UNIT III

Inculcating good attitudes – Open mindedness – Morale – analysing the pros and cons of good and bad – Service to others – Mind Power, tolerance, respecting others, showing love to others, patience – tranquility – Modesty, kindness and forgiveness.

UNIT IV

Quotations and moral Stories expressing Good characters of Great personalities – Life History of Great people: Mahatma Gandhi, Abraham Lincoln, Dr. A.P.J. Abdul Kalam.

UNIT V

Truth, the importance of uprightness, integrity, friendship – Health awareness on Alcohol and drug abuse – inculcating reading habit – reading good books – Hygiene – Dowry – Corruption.

Textbooks:

Publication of Sadakathullah Appa College.

SEMESTER – II

Course Title	சமயத்தமிழ் Religious Tamil or Tamil and Religion
Total Hrs.	90
Hrs./Week	6
Course Code	21ULTA21
Course Type	Part – I - Tamil
Credits	3
Marks	100

General Objective: To expose students to the tenets of all the religions.

Course Objectives:

CO	The learners will be able to:
CO-1	Understand religions and their objectives by means of the literary texts prescribed.
CO-2	Classify the tenets, concepts and rituals of various religions.
CO-3	Choose to know about the concept of virtues necessary for society through literature of ethics.
CO-4	Devise strategies to get through competitive exams.
CO-5	Consider focussing on their skill development by gaining confidence.

அலகு – 1**சைவம்**

- அ. திருஞானசம்பந்தர்

 - தோடுடைய செவியன்...
 - என்ன புண்ணியம் செய்தனை (2.106.1)
 - ஊனத் திருள்நீங் கிட ... (1.38.3)

ஆ. திருநாவுக்கரசர்

 - மாசில் வீணையும்
 - குனித்த புருவமும் கொவ்வைச் ...
 - புழுவாய்ப் பிறக்கினும்

இ. சுந்தரமூர்த்தி நாயனார்

 - பித்தா பிறைகுடி
 - பொன்னார் மேனியனே ...
- மாணிக்கவாசகர்-திருவாசகம்

 - வானாகி மண்ணாகி

திருவெம்பாவை

 - முன்னைப் பழம்பொருட்கும்
- திருமூலர்-திருமந்திரம்

 - உள்ளம் பெருங்கோயில்

வைணவம்

4. அ. பொய்கையாழ்வார் - பாலன் தனதுருவாய் ஏழுலகுண்டு
ஆ) பூதத்தாழ்வார் - சென்ற திலங்கைமேல்
இ) பேயாழ்வார் - அடைந்த தரவணைமேல் ஐவர்க்காய்...
ஈ) நம்மாழ்வார் - உண்ணும் சோறு...
உ) மதுரகவியாழ்வார் - கண்ணி நுண்சிறுத்...
5. ஆண்டாள்-திருப்பாவை - மார்கழித் திங்கள்...

சமணம்

6. யசோதர காவியம் (கடவுள் வாழ்த்து) - நல்லார் வணங்கப் படுவான்..
நீலகேசி (கடவுள் வாழ்த்து)

பௌத்தம்

7. மணிமேகலை (பாத்திரம் பெற்ற காதை) - மாரனை வெல்லும் வீரநின் (59-72)

கிறித்தவம்

8. இரட்சணிய யாத்திரிகம் (கடவுள் வாழ்த்து) - 1. மூல காரண முதற்பொருள் ...
- 2. ஆதி மெய்த்திரு...
- 3. வானமும், பூமியும்...

இஸ்லாம்

9. உமறுப்புலவர் - அல்லாஹ்
10. சதாவதானி செய்குதம்பிப் பாவலர் - மாண்டசவம் ஒன்றெடுத்து...
(நபிகள் நாயக மான்மிய மஞ்சரி) - ஒன்று தெய்வம் ஒன்று மதம்....

இரகுமான் கண்ணி

11. குணங்குடி மஸ்தான் சாகிபு 1) ஈறும் முதலுமற்றே இயங்குகின்ற முச்சுடராய்க்
காணிக்கை வைத்தேனென் கண்ணே றகுமானே-2
2) ஏகப் பெருவெளியில் இருட்கடலிற் கம்பமற்ற
காகமது வானேன் கண்ணே றகுமானே - 7
3) வேட்டை பெரிதென்றே வெறிநாயைக் கைப்பிடித்து
காட்டிற் புகலாமோ கண்ணே றகுமானே - 22
4) இன்றுள்ளோர் நாளைக் கிருப்பதுபொய்
யென்பதையான் கண்டுகொண்டேன் ஐயாவென்
கண்ணே றகுமானே - 37
5) எட்டிப் பிடிக்கும் இதமறிந்தா லுன்பதத்தைக்
கட்டிப் பிடித்திடுவேன் கண்ணே றகுமானே - 49
12. ஞானமாமேதை தக்கலை பீர்முகம்மது அப்பா - அலைகடலும் அம்புலியும்....
- பொல்லாக்குபிர்களும் வருங்....

13. இறையருட்கவிமணி பேராசிரியர்

கா.அப்துல்கபூர்

- அலகிலா அருளும் அளிவிலா..

நீதி இலக்கியம்

14. திருக்குறள்

- உழவு (1031-1040)

15. நாலடியார்

- கல்வி கரையில் கற்பவர் நாள்சில... 135

16. நான்மணிக்கடிகை

- நாற்றம் உரைக்கும் மலர்.... 45

அலகு – 2

புதினம்

வாடிவாசல் - சி.சு. செல்லப்பா, காலச்சுவடு, நாகர்கோவில்

அலகு – 3

உரைநடை

(போட்டித் தேர்வுகளுக்குக் கட்டுரை எழுதும் பயிற்சி)

1. நபிகள் நாயகம் (ஸல்) அன்பின் தாயகம்
2. சதக்கத்துல்லாஹ் அப்பா அவர்களின் வாழ்வும் பணியும்
3. பண்பெனப்படுவது பாடறிந்து ஒழுகுதல்
4. நம்பிக்கையோடிருப்போம்
5. தமிழின் தொன்மையும் சிறப்பும்
6. தடம் பதித்த தமிழ் நாவலாசிரியர்கள்

அலகு – 4

இலக்கிய வரலாறு

(போட்டித் தேர்வுத் தயாரிப்பு)

1. சைவம், வைணவம், கிறித்தவம், இசுலாம், வளர்த்த தமிழ்
2. புகழ்பெற்ற தமிழ் நூல்கள், நூலாசிரியர்கள்
3. சாகித்ய அகாதெமி விருது பெற்ற படைப்புகள்

அலகு – 5

தமிழ்நாடு அரசுப் பணியாளர் தேர்வாணையம் நடத்தும் போட்டித் தேர்வுக்குரிய

பொதுத்தமிழ் இலக்கணப் பகுதி ஓர் அறிமுகம்

1. வேர்ச்சொல்லைக் கண்டறிதல்
2. பெயரெச்சம், வினையெச்சம், முற்றெச்சம் பற்றி அறிதல்
3. வினைமுற்று, ஏவல் வினைமுற்று அறிதல்
4. வியங்கோள் வினைமுற்று, வினையாலணையும் பெயர்
5. வினைத்தொகை, பண்புத்தொகை அறிதல்

6. உவமைத்தொகை, உம்மைத் தொகை அறிதல்
7. வேற்றுமைத் தொகையைக் கண்டறிதல்
8. அன்மொழித் தொகையைக் கண்டறிதல்
9. இரட்டைக்கிளவி, அடுக்குத்தொடர் அறிதல்

பாடநூல்:

சமயத்தமிழ், சதக்கத்துல்லாஹ் அப்பா கல்லூரித் தமிழ்த்துறை வெளியீடு.

பார்வை நூல்

சமயம் வளர்த்த தமிழ், வேங்கடசாமி நாட்டார், பாவைப் பதிப்பகம், சென்னை

Course Outcomes:

CO	Upon completion of this course, students will be able to	PSOs Addressed	Cognitive Level
CO-1	Understand the doctrines, divine thoughts and virtues of the various religions.	1,3,4,5	Understanding
CO-2	Develop impeccable spoken and written language ability.	1,4,5	Applying
CO-3	Choose to improve their confidence and the nuances of governance by reading the history of great personalities.	1,4	Applying
CO-4	Explain the ancient Tamil people's life history.	3,4,5	Analyzing
CO-5	Summarize great literary works and to get substance from them to attract employment opportunities.	1,2	Evaluating

Relationship Matrix

Semester	Course Code	Title of the Course				Hours	Credit				
II	21ULTA21	சமயத்தமிழ்				90	3				
Course Outcomes (COs)	Programme Learning Outcomes (PLOs)					Programme Specific Outcomes (PSOs)					
	PLO 1	PLO 2	PLO 3	PLO 4	PLO 5	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	
CO-1	✓	✓	✓	✓		✓		✓	✓	✓	
CO-2	✓	✓	✓			✓			✓	✓	
CO-3	✓	✓	✓	✓	✓	✓			✓		
CO-4	✓	✓	✓					✓	✓	✓	
CO-5	✓	✓				✓	✓				
	Number of matches (✓) = 31 Relationship = Medium										

SEMESTER – II

Course Title	BASIC GRAMMAR AND TRANSLATION-II
Total Hrs.	90
Hrs./Week	6
Sub. Code	21ULAR21
Course Type	Part – I - Arabic
Credits	3
Marks	100

General Objective: To make the students develop the intermediate Arabic Grammar and Translation skills.

Course Objectives:

CO	The learners will be able to:
CO-1	Understand the parts of speech of Arabic to comprehend text books in terms of the sentences given.
CO-2	Differentiate the conjugations of verbs in Arabic.
CO-3	Explain the various predicates in Arabic sentences.
CO-4	Illustrate the morphology in Arabic grammar.
CO-5	Analyze nominal sentences in Arabic.

Unit I: Arabic for Beginners

Lesson-14 Prepositions, The village (Page No. 76& 77)

Lesson-15 Verbal sentence – The past tense (Page No. 82 to 87)

Lesson-16 The Imperfect tense- The River Nile (Page No. 93 to 97)

Lesson-17 The Imperative and Negative command (Page No. 102 to 104)

Unit II: Al -Qirat –Al-Wazhiha Part –I

Lesson 15-21

Unit III: Arabic for Beginners

Lesson-20 The verbs of Incomplete predicate (Page No. 126 to 130)

Lesson-21 Inna and its categories, the banks (Page No. 136,137)

Lesson-22 the Numerals, Days and months (Page No. 144 to 148)

Lesson-24 اسم التفضيل (Page No. 151)

Unit IV: Al -Qirat –Al-Wazhiha Part –I

Lesson 22-28

Unit V: Al -Qirat –Al-Wazhiha Part –I

Lesson 29-35

Text and Reference books

1) Arabic for Beginners (selected topics only)

By Dr. Syed Ali (Former HOD of Arabic, The New College, Chennai.

(UBS Publishers & Distributors Ltd) 5, Ansari Road, New Delhi -110 002.

2) Al -Qirat –Al-Wazhiha Part –I, From Lesson 15 to 35 only.

by Waheed Az-zaman Al-Keeranavi.

Available at: Al-Manar Book Depot, Mannarpuram, Trichy-20.

Course Outcomes

CO	Upon completion of the course, the students will be able to	PSOs Addressed	Cognitive Level
CO-1	Understand the intermediate Arabic grammar.	1,2,3	Understanding
CO-2	Apply the functions of verbs such as the past tense, the imperfect tense etc. in sentences.	1,2,4	Applying
CO-3	Produce sentences in Arabic with the grammar rules.	1,4,5	Applying
CO-4	Categorize the different particles in Arabic.	1,2,3	Analyzing
CO-5	Find errors in Arabic sentences with the rules of grammar and translate Arabic texts.	1,4,5	Evaluating

Relationship Matrix

Semester	Course Code	Title of the Course				Hours	Credits			
II	21ULAR 21	BASIC GRAMMAR AND TRANSLATION-II				90	3			
Course Outcomes (COs)	Programme Learning Outcomes (PLOs)					Programme Specific Outcomes (PSOs)				
	PLO 1	PLO 2	PLO 3	PLO 4	PLO 5	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO-1	✓	✓	✓	✓	✓	✓	✓	✓		
CO-2	✓	✓	✓	✓		✓	✓		✓	
CO-3	✓	✓	✓			✓			✓	✓
CO-4	✓		✓	✓	✓	✓	✓	✓		
CO-5		✓			✓	✓			✓	✓
	Number of matches = 33 Relationship = Medium									

SEMESTER – II

Course Title	COMMUNICATIVE ENGLISH - II
Total Hrs.	90
Hrs./Week	6
Course Code	21ULEN21
Course Type	Part – II - English
Credits	3
Marks	100

General Objective:

To teach students the four skills viz. Listening, Speaking, Reading, and Writing and to impart language skills through basic grammatical categories.

Course Objectives:

CO	The learners will be able to:
CO-1	Understand the importance of real-life situations, as responding to complaints and to use language effectively.
CO-2	Generalize the nuances and methods of giving short speeches, proposing welcome address and vote of thanks and the like.
CO-3	Associate themselves with learning to give short presentations, formal presentations and writing e-mails.
CO-4	Apply their knowledge in writing sentences with grammatical order, writing brochure and understanding texts in context.
CO-5	Develop their knowledge and skills to use clauses and collocations appropriately in spoken and written contexts.

Unit – I

Listening and Speaking

- Listening and Responding to Complaints (formal situation)
- Listening to Problems and Offering Solutions (informal)

Reading and Writing

- Reading Aloud (brief motivational anecdotes)
- Writing a Paragraph on a Proverbial Expression / Motivational Idea

Word Power / Vocabulary

- Synonyms and Antonyms

Grammar in Context

- Adverbs
- Prepositions

Unit – II

Listening and Speaking

a. Listening to Famous Speeches and Poems

b. Making Short Speeches – Formal:

Welcome Speech and Vote of Thanks.

Informal Occasions – Farewell Party, Graduation Speech

Reading and Writing

a. Writing Opinion Pieces (could be on travel, food, film / book reviews

or on any contemporary topic)

b. Reading Poetry

i. Reading Aloud: (Intonation and Voice Modulation)

ii. Identifying and using figures of speech-simile, metaphor, personification etc.

Word Power

a. Idioms and Phrases

Grammar in Context

Conjunctions and interjections

Unit – III

Listening and Speaking

a. Listening to Ted Talks

b. Making Short Presentations – Formal Presentation with PPT,

Analytical Presentation of Graphs and Reports of Multiple Kinds

c. Interactions during and after the Presentations

Reading and Writing

a. Writing Emails of Complaint

b. Reading Aloud Famous Speeches

Word Power

- a. One word Substitution

Grammar in Context:

- Sentence Patterns

Unit – IV**Listening and Speaking**

- a. Participating in a Meeting: face to face and online
- b. Listening with Courtesy and adding ideas and giving opinions during the meeting and making concluding remarks

Reading and Writing

- a. Reading Visual Texts - Advertisements
- b. Writing a Brochure

Word Power

- a. Denotation and Connotation

Grammar in Context:

- Sentence Types

Unit - V**Listening and Speaking**

- a. Informal Interview for Feature Writing
- b. Listening and Responding to Questions at a Formal Interview

Reading and Writing

- a. Writing Letters of Application
- b. Reader's Theatre (Script Reading)
- c. Dramatizing Everyday Situations / Social issues through Skits. (writing scripts and performing)

Word Power

- a. Collocation

Grammar in Context:

- Working with Clause

Textbook:

COMMUNICATIVE ENGLISH-II. Tamil Nadu State Council for Higher Education (TANSCH).2020.

References:

1. Radhakrishna Pillai.G,ed.Written English for You.Chennai: Emerald Publishers,1990 (rpt2008).
2. Nihamathullah.A.et al. A Course in Spoken English, Tirunelveli: MSU,2005. (rpt 2010).

Course Outcomes

CO No.	Upon completion of this course, students will be able to:	PLO Addressed	Cognitive Level
CO-1	Distinguish the various real life situations to use language accordingly.	1,2	Understanding
CO-2	Experiment giving short speeches, welcome address, vote of thanks in programmes and functions organised.	1,2,3	Applying
CO-3	Write e-mails and give short presentations, formal presentations using the English language.	1,2,3,4	Applying
CO-4	Order sentences with its basic units and to prepare brochures etc.	1,2,3,4	Analyzing
CO-5	Find errors in the correct use of collocations and clauses in everyday spoken and written communication.	1,2,3,4,5	Evaluating

Relationship Matrix

Semester	Course Code	Title of the Course					Hours	Credits		
II	21ULEN21	COMMUNICATIVE ENGLISH - II					90	3		
Course Outcomes (COS)	Programme Learning Outcomes (PLOs)					Programme Specific Outcomes (PSOs)				
	PLO 1	PLO 2	PLO 3	PLO 4	PLO 5	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO-1	✓	✓				✓	✓			
CO-2	✓	✓	✓			✓	✓	✓		
CO-3	✓	✓	✓	✓		✓		✓	✓	
CO-4	✓	✓	✓	✓		✓		✓	✓	
CO-5	✓	✓	✓	✓	✓	✓		✓	✓	✓
	Number of matches (✓) = ...36.... Relationship = High									

SEMESTER - II

Course Title	GENERAL PSYCHOLOGY – II
Total Hrs.	60
Hrs./Week	4
Course Code	21UCPY21
Course Type	DSC-III
Credits	4
Marks	100

General Objective: To acquire clarity in generic psychological terms

Course objective:

CO.	The learner will be able to :
CO 1	Understand the facets of human cognition
CO 2	Appreciate dimensions of motivation
CO 3	Recognize the psychology of emotion and stress
CO 4	Perceive the dual- intelligence and creativity
CO 5	Familiarize factors involved in psychological testing and personality

UNIT I

COGNITION

Meaning – Cognitive Psychology- Types of cognition: – Mental Imagery – Concept, **Problem solving**- Steps. Barriers to Effective problem solving. Strategies of problem solving: algorithms, heuristic-**Decision making**-Steps- , **Reasoning** –inductive and deductive reasoning. **Language** –Nature, Main Components of Language – Morphemes – Phonemes – Syntax - Semantics – Pragmatics.

UNIT II

MOTIVATION

Motivation - Definition – Important Needs – Biological Needs, Social, Psychological Needs – Model of Motivation - Theories of Motivation –

Instincts – Drive-reduction theory – Arousal – Incentive – Opponent-Process
– Cognitive theories – Social cognitive theory – Need theories - Classification
of Motives , Physiological motives – Psychological motives – Conflict.
Meaning- Types- Frustration: Meaning- Causes.

UNIT III

EMOTION AND STRESS

Emotion: Meaning – Basic emotions- Components - Physiology of emotion -
Expression of emotion – Theories –**Stress:** Definition – Four variations -
Stressors – Effects – GAS – Individual differences - Coping mechanism.

UNIT IV

INTELLIGENCE AND CREATIVITY

Intelligence: Definition - Concept of IQ - Individual differences in
Intelligence –Mental retardation – Mentally gifted – Assessment of
Intelligence - Emotional Intelligence – Meaning – Characteristics -
Creativity: Definition- Nature – Steps -Characteristics of creative people –
Creativity tests.

UNIT V

PSYCHOLOGICAL TESTING AND PERSONALITY

Meaning: Reliability- Validity- Standardization- Norms.

Intelligence Tests- Aptitude Tests- Personality Tests- Objective Tests-
Projective Tests- Interest Tests- Achievement Tests.

Personality: Definition - Theories – Psychoanalytic - Neo Freudian: Jung –
Adler - Karen Horney – Erikson - Behavioristic view – Social Cognitive view -
Humanism and Personality: Roger's theory – Maslow's theory - Trait
Theories – Allport – Cattell - The Big Five Factors. Assessment of Personality,
Uses of Personality tests

Textbook:

Cicarelli, K. S., Meyer, E. G. & Misra., “G. Psychology”, South Asia Edition.:
Dorling Kingsley (India) Pvt, Ltd, New Delhi, 2008.

Reference book:

Baron, A. R., “Psychology”, 5th Edition, Pearson Education, New Delhi, 2010.

Course Outcomes

CO.	Upon completion of the course, students will be able to :	PSOs Addressd	Cognitive Level
CO 1	Discover the concepts related to cognition	1,3,5	Applying
CO 2	Examine and maximize issues of motivation	1, 2,3, 5	Analyzing & Creating
CO 3	Infer and Explain the psychological background of emotion and stress	1,2,4, 5	Analyzing & Evaluating
CO 4	Appraise the phenomenon of Intelligence and propose the nature and characteristics of Creativity	1,2,3, 5	Evaluating & Creating
CO 5	Estimate psychological parameters using psychological testing and compile theoretical bases of personality	2,3,4,5	Evaluating & Creating

Relationship Matrix

Semester	Course Code	Title of the Course				Hours	Credits			
II	21UCPY21	GENERAL PSYCHOLOGY – II				60	4			
Course Outcome s (COs)	Programme Learning Outcomes (PLOs)					Programme Specific Outcomes (PSOs)				
	PLO 1	PLO 2	PLO 3	PLO 4	PLO 5	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO-1	✓	✓	✓	✓	✓	✓		✓		✓
CO-2	✓	✓	✓	✓	✓	✓	✓	✓		✓
CO-3	✓	✓	✓	✓	✓	✓	✓		✓	✓
CO-4	✓	✓	✓	✓	✓	✓	✓	✓		✓
CO-5	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	Number of matches (✓) = 45 Relationship = High									

SEMESTER – II

Course Title	DEVELOPMENTAL PSYCHOLOGY -II
Total Hrs.	60
Hrs./Week	4
Course Code	21UCPY22
Course Type	DSC-IV
Credits	4
Marks	100

General Objective: To acknowledge the behaviour dynamics associated with development in each stage of human life span.

Course Objective:

CO.	The learner will be able to :
CO 1	Understand the developmental changes associated with the puberty
CO 2	Recognize the developmental factors associated with the adolescence
CO 3	Appreciate developmental characteristics pertaining to the early adult hood
CO 4	Acknowledge developmental issues in the early childhood
CO 5	Establish the developmental tasks of the old age

Unit I PUBERTY

Characteristics – Criteria – Causes – Age – Growth spurt – Body changes – Effects of puberty changes – Hazards & Happiness.

Unit II ADOLESCENCE

Characteristics – Developmental tasks – Physical change – Storm and Stress – Social change – Interest – Morality – Sex interest and Behaviour – Family relationships – Personality change – Hazards & Happiness.

Unit III EARLY ADULTHOOD

Characteristics – Developmental tasks – Changes in interest – Social interest – Sex role adjustments – Vocational adjustments – Marital Adjustments –

Adjustment to parenthood – Hazards of vocational and Marital adjustments – Success of Adjustment to adulthood.

Unit IV MIDDLE AGE

Characteristics – Developmental tasks – Adjustment to physical change and mental changes – Social Adjustment – Vocational Adjustment – to changed family patterns – Being single – loss of a spouse – Adjustment – to changed family patterns – Adjustment to approaching old.

Unit V OLD AGE

Characteristics – Developmental tasks – Adjustment to physical changes – Change in motor and mental abilities. Changes in interests – Vocational Adjustment – Retirement – Changes in family life – loss of a spouse – Living arrangement for elderly hazards.

Text book:

Hurlock E.B., 1997, *Developmental Psychology (4thed)*, New Delhi, Tata c Graw Hill.

Books for Reference :

1. Hurlock E.B. 1997: *Developmental Psychology (IV Edn.,)* New Delhi, Tata c Graw Hill.
2. Santrock, J.W. 2003 *Adolescence*, New Delhi. McGraw Hill,

Course Outcomes

CO.No	Upon completion of the course, students will be able to :	PSOs Addressd	Cognitive Level
CO 1	Relate with the characteristics of the Puberty	1,2,5	Understanding & Applying
CO 2	Determine the characteristics and solve adjustment issues that accompanies development during the adolescence	1,2,3,4	Evaluating & Creating
CO 3	Identify and predict the characteristics and adjustments pertaining to the Early adulthood	1,2,3,4	Applying & Creating
CO 4	Interpret and formulate characteristics and adjustments unique to the Middle age	1, 2, 4, 5	Evaluating & Creating
CO 5	Examine and estimate characteristics and developmental tasks of the Old age	1, 2, 4, 5	Analyzing & Creating

Relationship Matrix

Semester	Course Code	Title of the Course				Hours	Credits			
II	21UCPY12	DEVELOPMENTAL PSYCHOLOGY -I				60	4			
Course Outcomes (COs)	Programme Learning Outcomes (PLOs)					Programme Specific Outcomes (PSOs)				
	PLO 1	PLO 2	PLO 3	PLO 4	PLO 5	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO-1	✓	✓	✓		✓	✓	✓			✓
CO-2	✓	✓	✓	✓	✓	✓	✓	✓	✓	
CO-3	✓	✓	✓	✓	✓	✓	✓	✓	✓	
CO-4	✓	✓	✓	✓	✓	✓	✓		✓	✓
CO-5	✓	✓	✓	✓	✓	✓	✓		✓	✓
	Number of matches (✓) = 43 Relationship = High									

SEMESTER -II

Course Title	PSYCHOLOGY PRACTICAL- II
Total Hrs.	30
Hrs./Week	2
Course Code	21UCPY2P1
Course Type	Practical-II
Credits	1
Marks	100/2

General Objective : To provide practicum exposure to generic psychology concepts.

Course Objective :

CO.	The learner will be able to :
CO 1	Find thinking and problem solving skills
CO 2	Observe Stress
CO 3	Measure the level of motivation
CO 4	Note the application of creativity
CO 5	Discover Emotional intelligence

Thinking and Problem solving

1. Hauffman&Kasinen Problem Solving Test
2. Tower of Hanoi
3. Stroop Test

Motivation

4. Achievement motivation Test
5. Zeigernick Effect
6. Level of aspiration Test

Creativity

7. Passi Test of Creativity
8. Wallack & Kogen Battery of Creativity

Emotional Intelligence

9. Measuring Emotional Intelligence

Stress

10. Measuring Stress

References :

1. Anastasi. & Susana Urbina (2004) 7th Edition. *Psychological Testing*, Pearson Education Inc., New Delhi.
- 2.. Woodworth, R.S. and Scholesberg (1972) *Experimental psychology*. Holt, Rinehart & Winston.
3. Parameswaran & Ravichandra (2003) *Experimental Psychology*. Neel Kamal Publications.

Course Outcomes

CO.	Upon completion of the course students will be able to:	PSOs addressed	Cognitive level
CO 1	Infer thinking and problem solving skills	1, 2, 3	Analyzing
CO 2	Estimate the level of stress	1,2,4,5	Creating
CO 3	Value the level of motivation	3, 4, 5	Evaluating
CO 4	Test for creativity	1, 2, 3,5	Creating
CO 5	Evaluate Emotional Intelligence	1, 2, 4,5	Evalating

Semester	Course Code	Title of the Course				Hours	Credits			
II	21UCPY1P1	Psychology Practical- II				30	1			
Course Outcomes (COs)	Programme Learning Outcomes (PLOs)					Programme Specific Outcomes (PSOs)				
	PLO 1	PLO 2	PLO 3	PLO 4	PLO 5	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO-1	✓	✓	✓	✓		✓	✓	✓		
CO-2	✓	✓	✓	✓	✓	✓	✓		✓	✓
CO-3				✓	✓			✓	✓	✓
CO-4	✓	✓	✓	✓	✓	✓	✓	✓		✓
CO-5	✓	✓	✓	✓	✓	✓	✓		✓	✓
	Number of matches (✓) = 39 Relationship = High									

SEMESTER -II

Course Title	SOCIAL PSYCHOLOGY - II
Total Hrs.	60
Hrs./Week	4
Course Code	21UAPY21
Course Type	Allied-I/2
Credits	3
Marks	100

General objective: To reflect on individual behaviour in social context.

Course Objectives :

CO. No.	The learner will be able to :
CO 1	Understand the dynamics of interpersonal and intimate relationships
CO 2	Recognize the factors involved in social influence
CO 3	Appreciate the contrasting phenomenon of pro social behaviour and aggression.
CO 4	Sensitize with the dynamism of group behaviour.
CO 5	Recognize the future trends in social psychology

UNIT I: INTERPERSONAL ATTRACTION, CLOSERELATIONSHIPS, AND LOVE

Internal Sources of Attraction: Importance of Affiliation in human existence and Interpersonal attraction; External sources of attraction: Power of proximity – Observable characteristics of others; Factors based on Social Interaction: Similarity – Reciprocal liking of disliking – Designing Ideal interaction partners; Close relationships: Relationships with family members – Friendships – Romantic Relationships and the mystery of love – Jealousy – Selecting romantic partners.

UNIT II: SOCIAL INFLUENCE

Conformity: Asch's Research – Sherif's Research – Factors affecting Conformity – Social Foundations of Conformity – Downside of Conformity – Effects of Power, Basic motives and the desires of Uniqueness – Gender Differences in Conformity – Minority Influence;

Compliance: Underlying principles – Tactics: Ingratiation – Foot-in-the-Door and the Lowball – The Door-in-the-Face and the ‘That’s-Not-All’ approach – Scarcity – Fast-Approaching-Deadline Technique; Symbolic Social Influence – Obedience to Authority: Obedience in the Laboratory – Destructing Obedience – occurrence and resistance

UNIT III: PROSOCIAL BEHAVIOUR & AGGRESSION

Prosocial Behaviour: Meaning – Empathy–Altruism – Negative-self relief – Empathetic Joy – Competitive Altruism – Kin Selection Theory – Defensive Helping; Bystander Effect: Helping in Emergencies – Safety in Numbers – Five Crucial steps in Deciding to help; Factors influencing Helping: Situational (External) Factors – Exposure to live Prosocial Models – Playing Prosocial video Games - Gratitude – Empathy – Factors that reduce Helping; Effects of Being Helped

Aggression: Meaning – Theoretical perspectives: Role of Biological Factors – Drive Theories - Trait, situational and social learning approaches – Social, Cultural, Personal and Situational Determinants – Frustration and Provocation; Bullying –Causes, Characteristics and Reducing the occurrence of Bullying; Prevention and control of aggression: Punishment - Self-regulation – Catharsis – Bolstering Self-Esteem

UNIT IV: GROUPS& DECISION MAKING

Nature of Group formation – Functions of Group: Role, Status, Norms and Cohesiveness –Benefits and Costs of Joining; Impact of Groups on Individual performance: Social facilitation and social loafing – Effects of Being in a Crowd; Coordination in Groups: Group Cooperation and Group conflict – Responding to and Resolving Conflicts; Perceived Fairness in Groups; Decision making in groups: Decision Making Process-Potential Dangers of Group Decision Making: Groupthink, Biased Processing and Restricted Sharing of Information

UNIT V: CURRENT & FUTURE TRENDS IN SOCIAL PSYCHOLOGY

Leadership: Basic Dimensions of Leader Behavior – Transactional and Transformational Leaders; Basic causes of Social Adversity: Loneliness – Shattering and Building of Relationships; Social Side of Personal Health:

Obesity – Stress; Social Side of Law: Social Influence and Legal system – Influence of Prejudice and Stereotyping on Legal system; Personal Happiness: Nature and Characteristics - Factors influencing happiness – Wealth – Benefits of Happiness – Increasing Personal Happiness

Textbooks:

1. Baron, R.A. & Byrne, D. (2000). *Social Psychology*. 9thed. Pearson.
2. Baron, R. A., & Branscombe, N. R. (2012). *Social Psychology*. 13thed. Pearson.

References:

1. Myers, D.G. *Social Psychology*, New Delhi: Tata McGraw Hill , 2005
2. Feldman, R. S. (2005). *Social Psychology: Theory, research and application*. McGraw-Hill Education, New Delhi.

Course Outcomes

CO No.	Upon completion of the course students will be able to :	PSO s Addressd	Cognitive Level
CO 1	Discover the phenomenon of interpersonal attraction and perceive the nature of intimate relationships	1, 2, 3, 4, 5	Analyzing & Evaluating
CO 2	Infer and estimate the level of social influence	1, 4, 5	Analyzing & Evaluating
CO 3	Determine and maximize the factors intricate to prosocial behaviour while determining and minimizing factors related to aggression	1,2, 3,4 ,5	Evaluating & Creating
CO 4	Examine the group dynamics and rule on the operations of groups	1, 3, 4,5	Analyzing & Evaluating
CO 5	Choose career related to social psychology and modify means to fit future trends	1, 3, 4, 5	Remembering & Creating

Relationship Matrix

Semester	Course Code	Title of the Course				Hours	Credits			
II	21UAPY21	SOCIAL PSYCHOLOGY - II				60	3			
Course Outcomes (COs)	Programme Learning Outcomes (PLOs)					Programme Specific Outcomes (PSOs)				
	PLO 1	PLO 2	PLO 3	PLO 4	PLO 5	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO-1	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
CO-2	✓	✓	✓	✓	✓	✓			✓	✓
CO-3	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
CO-4	✓	✓	✓	✓	✓	✓		✓	✓	✓
CO-5	✓	✓	✓	✓	✓	✓		✓	✓	✓
	Number of matches (✓) = 46 Relationship = High									

SEMESTER- II

Course Title	SOCIAL PSYCHOLOGY PRACTICAL- II
Total Hrs.	30
Hrs./Week	2
Course Code	21UAPY2P1
Course Type	Allied-Practical-I/2P
Credits	1
Marks	100/2

General Objective: To measure parameters with respect to concepts in social psychology.

Course Objectives :

CO.	The learner will be able to :
CO 1	Discover the nature of social relationship
CO 2	Measure the level of social influence
CO 3	Observe prosocial behaviour and aggression
CO 4	Note group dynamics quantitatively
CO 5	Find the leadership style and locus of control

Relationship

1. Peer relationship
2. Interpersonal Skills
3. Social Relationship

Social Influence

4. Conformity behaviour

Prosocial Behaviour and Aggression

5. Measuring Altruism
6. Measuring Aggression

Group

7. Group conformity
8. Group Environment

Leadership

9. Locus of control (Lavensons's / Rotter's)

10. Leadership Styles

References :

1. Baron, R.A. & Byrne, D. (2000). *Social Psychology*. 9thed. Pearson.
2. Anastasi. & Susana Urbina (2004) 7th Edition. *Psychological Testing*, Pearson Education Inc., New Delhi.

Course Outcome

CO.	Upon completion of the course students will be able to :	PSOs addressed	Cognitive level
CO 1	Estimate the nature of social relationship	1,2, 4,5	Evaluating
CO 2	Predict the level of social influence	1,2,3,4	Creating
CO 3	Value prosocial behaviour and Infer the level of aggression	1,2,3,5	Evaluating
CO 4	Evaluate group dynamics	1,2,3,4	Evaluating
CO 5	Assess leadership style and locus of control	1,3,4,5	Evaluating

Semester	Course Code	Title of the Course				Hours	Credits			
II	21UCPY2P1	Social Psychology Practical- II				30	1			
Course Outcomes (COs)	Programme Learning Outcomes (PLOs)					Programme Specific Outcomes (PSOs)				
	PLO 1	PLO 2	PLO 3	PLO 4	PLO 5	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO-1	✓	✓	✓	✓	✓	✓	✓		✓	✓
CO-2	✓	✓	✓	✓	✓	✓	✓	✓	✓	
CO-3	✓	✓	✓	✓	✓	✓	✓	✓		✓
CO-4	✓	✓	✓	✓	✓	✓	✓	✓	✓	
CO-5	✓	✓		✓	✓	✓		✓	✓	✓
	Number of matches (✓) = 44 Relationship = High									

SEMESTER – II

Course Title	ENVIRONMENTAL SCIENCE
Total Hrs.	30
Hrs./Week	2
Course Code	21UEVS21
Course Type	AECC-II
Credits	2
Marks	100

UNIT - I: Nature of Environmental Studies

Goals, Objectives and guiding principles of environmental studies.
Towards sustainable development - Environmental segments-
Atmosphere, Hydrosphere, Lithosphere, Biosphere – definition. Pollution
episodes -- Hiroshima – Nagasaki, - Bhopal gas Tragedy, Fukushima.
Stone leprosy in Taj Mahal, Minamata disease.

UNIT - II: Natural Resources

Renewable and Non-Renewable resources - classification.

- Forest resources: Use and over - exploitation, Afforestation and deforestation.
- Water resources: Use and over - utilization and conservation of surface and ground water – Rain harvesting.
- Marine Resources: Fisheries and Coral reefs.
- Mineral resources: Use and exploitation - environmental impacts of extracting and using mineral resources.
- Food resources: Effects of modern agriculture fertilizers - pesticide problem.
- Energy resources: Growing energy needs - use of alternate energy source - Solar cells & wind mills.
- Land resources: Land degradation

UNIT - III: Ecosystem

- Concept of Eco-systems - Tropic level, food chains, food web and Ecological pyramids, Living conditions on other planets (Brief account). Types, structure & Functions, prevention and control of pollution of the following:

- a) Aquatic ecosystem
- b) Terrestrial ecosystem – Grassland, Forest and Desert ecosystem

UNIT - IV: Biodiversity & Its Conservation

Introduction - Definition: ecosystem diversity, species diversity and Genetic diversity. Hot spots of biodiversity - Western Ghats, Eastern Himalayas and Gulf of Mannar. Threats to biodiversity - Habitat Loss, Poaching of wildlife and Man - wildlife conflicts. Nature reserves. Conservation of biodiversity: In-situ and Ex-situ, Environmental movements – Green peace and Chipco movement. Biodiversity law.

UNIT - V: Environmental protection, Policies and practices

Climate change, global warming, ozone layer depletion, acid rain and impacts on human communities and agriculture.

Prevention, Control of Pollution and Environmental Laws:

- Water, Air and Noise (prevention & Control of Pollution) Act.
- Environmental Protection Act.
- Wildlife production Act, Forest Conservation Act, International agreements, Monstreal and Kyoto protocols and conservation on biological Diversity. The Chemical Weapons Convention (CWC)
- Role of Central & State Pollution Control Boards.

Field work : 5 marks

Visit to an area to document environmental assets: river/ forest / fauna.

or

Visit to a local polluted site-urban/rural/Industrial / Agricultural

or

Study of common plants, insects, birds and basic principles of identification

Reference books:

1. Basic of Environmental Science. Vijayalakhmi, Murugesan and Sukumaran – Manonmaniam Sundaranar University publications.
2. Environmental Studies. John de Brito, Victor, Narayanan and Patric Raja - published by St. Xavier's College, Palayamkottai, 2008.
3. Environmental Science and Biotechnology. A.G. Murugesan and C. Raja Kumar - MJP Publishers.
4. Fundamental of Environmental pollution - Krishnan Kannan - Chand & Company Ltd., New Delhi, 1997.
5. Environmental Studies. S. Muthiah, Ramalakshmi publications, Tirunelveli.
6. EnRole of central and state pollution control boards. Environmental Studies. V.M. Selvaraj, Bavani Publications, Tirunelveli.

SEMESTER – III

Course Title	பயன்பாட்டுத் தமிழ் (Payanpattu Tamil)
Total Hrs.	90
Hrs./Week	6
Course Code	21ULTA31
Course Type	Part – I - Tamil
Credits	3
Marks	100

General Objective: To teach the Sangam literature.

Course Objectives:

CO	The learners will be able to:
CO-1	Understand Sangam Tamil through the texts prescribed.
CO-2	Describe the speciality of love, valour, charity in Tamil tradition.
CO-3	Choose life's rules and regulations through literature.
CO-4	Determine to increase self confidence.
CO-5	Prioritize to learn modern skills such computer operation.

அலகு 1

- | | |
|------------------|----------------------------------|
| 1. சிலப்பதிகாரம் | - வழக்குரை காதை |
| 2. மணிமேகலை | - பாத்திரம் பெற்ற காதை |
| 3. சீவகசிந்தாமணி | - சீவகனுக்கு விசயை கூறிய அறிவுரை |
| 4. பெரிய புராணம் | - சிறுத்தொண்டர் நாயனார் புராணம் |
| 5. கம்பராமாயணம் | - கங்கை காண் படலம் |
| 6. இயேசு காவியம் | - பார்ச்சிலுவை |
| 7. சீறாப்புராணம் | - விட மீட்ட படலம் |

சிறுநிலக்கியங்கள்

- | | |
|-----------------------------|----------------------------|
| 1. முக்கூடற்பள்ளு | - ஆற்று வளமும் மீன் வளமும் |
| 2. திருக்குற்றாலக் குறவஞ்சி | - மலை வருணனை |

இக்காலக் காப்பியம்

- | | |
|-----------------------|--|
| 1. நாயகம் ஒரு காவியம் | - பாம்பின் நேசமும் தோழரின் பாசமும் மு.மேத்தா |
|-----------------------|--|

அலகு - 2

(இந்திய ஆட்சிப்பணிக்குத் ஆயத்தப்படுத்தும் நோக்கில் அமைந்த பயன்பாட்டுக் கட்டுரை நூல்) ஐஏஎஸ் தேர்வும் அணுகுமுறையும் இறையன்பு இ.ஆ.ப.

அலகு 3

ஊடகப் படைப்பாக்கம்

தகவல் தொடர்பு அறிமுகம் - உலகப் புகழ்பெற்ற பத்திரிகைகளும் பத்திரிகையாளர்களும் - இதழ்களுக்குச் சிறப்புக் கட்டுரைகள் எழுதுதல் - காணாமல் போன கடித இலக்கிய கட்டுரை - (இந்து தமிழ்) கலை இலக்கியப் பக்கம் - நூற்றாண்டு கடந்த இஸ்லாமியக் கர்னாடக இசை நூல் கீர்த்தனா ரஞ்சிதம் - தமிழ்

இதழ்கள் பற்றிய அறிமுகம் - புகழ்பெற்ற இதழ்கள் - புகழ்பெற்ற பத்திரிகையாளர்கள் - தமிழே எங்கள் அடையாளம்

அலகு 4

தமிழ் இலக்கிய வரலாறு, ஐம்பெரும் காப்பியங்கள், ஐஞ்சிறு காப்பியங்கள், சிற்றிலக்கியங்கள் (உலா, தூது, பிள்ளைத் தமிழ், பரணி)

அலகு 5

தமிழ்நாடு அரசுப்பணியாளர் தேர்வாணையத்தின் பொதுத்தமிழ் தாளில் இடம்பெறும் இலக்கணப் பகுதி.

பிழைத்திருத்தம், வல்லினம் மிகும் இடங்கள், மிகா இடங்கள், ஒருமை-பன்மை திருத்தம், மரபுப்பிழைகள், வழுஉச்சொற்கள், பிறமொழிச் சொற்கள், வேர்ச்சொல் உள்ளிட்ட பகுதிகள்.

பாடநூல்

பயன்பாட்டுத் தமிழ், சதக்கத்துல்லாஹ் அப்பா கல்லூரித் தமிழ்த்துறை வெளியீடு - 2022

பார்வை நூல்கள்

1. தமிழ் இலக்கிய வரலாறு, முனைவர் சு.ஆனந்தன், கண்மணி பதிப்பகம், திருச்சி-620002
2. இதழியல் நுணுக்கங்கள், செண்பகா பதிப்பகம், 24/28, கிருஷ்ணா பதிப்பகம், சென்னை-600 017.

Course Outcomes

CO	Upon completion of the course, the students will be able to	PSOs Addressed	Cognitive Level
CO-1	Associate themselves to regulate life by means of the messages from old Tamils' politics, tradition and to increase belief in God besides knowing about natural resources.	1,2,3,5	Understanding
CO-2	Observe to grow characters related to discipline, high thoughts and to develop a good personality with confidence, further knowing about modern skills to develop creative skills.	1,5,3	Understanding
CO-3	Choose to create media persons, to enhance language skill, to inform historical news, and to know news related to valour and war.	1,2,4	Applying
CO-4	Explain concepts of justice and live with Nature and animals.	4,5,	Analyzing
CO-5	Summarize about arts and the mixing of other languages.	1	Evaluating

Relationship Matrix

Semester	Course Code	Title of the Course				Hours	Credits			
III	21ULTA31	பயன்பாட்டுத் தமிழ்				90	3			
Course Outcomes (COs)	Programme Learning Outcomes (PLOs)					Programme Specific Outcomes (PSOs)				
	PLO 1	PLO 2	PLO 3	PLO 4	PLO 5	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO-1	✓	✓	✓	✓	✓	✓	✓	✓		✓
CO-2	✓	✓		✓		✓		✓		✓
CO-3	✓	✓	✓			✓	✓		✓	
CO-4				✓	✓				✓	✓
CO-5	✓	✓				✓				
	Number of matches (✓) = 28 Relationship = Medium									

SEMESTER – III

Course Title	MODERN PROSE
Total Hrs.	90
Hrs./Week	6
Course Code	21ULAR31
Course Type	Part – I - Arabic
Credits	3
Marks	100

General Objective: To teach the history of the Prophet Muhammad (PBUH).

Course Objectives:

CO No	The learners will be able to:
1	Understand the life and history of the Prophet Muhammad (Pbuh).
2	Describe the process of the Prophethood of the Prophet Muhammad (Pbuh).
3	Explain the origins of the first Muslim convert followed by the opposition to the Prophet Muhammad (Pbuh).
4	Illustrate the incidents of Quraish indicted violence.
5	Summarise the migration of the Companions of the Prophet (Pbuh) to Ethiopia.

Unit I: page No. 27 to 38

عبد الله وآمنة – ولادته الكريمة ونسبه الزكي – رضاعته ﷺ – وفاة آمنة وعبد المطلب – مع عمه أبي طالب – التربية الإلهية – زواجه ﷺ من خديجة – قصة بنيان الكعبة ودرء فتنة عظيمة –

Unit II: 38 to 49

حلف الفضول – بعد البعثة وتبشير الصبح وطلوع السعادة – في غار الحراء – مبعثه ﷺ – في بيت خديجة – بين يدي ورقة بن نوفل – إسلام خديجة وأخلاقها – إسلام علي بن أبي طالب وزيد بن حارثة

Unit III: 50 to 62

إسلام أبي بكر بن أبي قحافة وفضله في الدعوة إلى الإسلام – إسلام أشرف من قريش – الدعوة جهارا على جبل الصفا – إظهار قومه العداوة له وحذب أبي طالب عليه – بين رسول الله ﷺ وأبي طالب – لو وضعوا الشمس في يميني والقمر في يساري – تعذيب قريش للمسلمين

Unit IV: 62 to 74

محاربة قريش لرسول الله ﷺ وتفننهم في الإيذاء – ما فعل كفار قريش بأبي بكر؟! – احتيار قريش في وصف رسول الله ﷺ – قسوة قريش في إيذاء رسول الله ﷺ ومبالغتهم في ذلك – إسلام حمزة بن عبد المطلب – ما دار بين عتبة وبين رسول الله ﷺ –

Unit V: 74 to 88

هجرة المسلمين إلى الحبشة – تعقب قريش للمسلمين – تصوير جعفر بن أبي طالب للجاهلية وتعريفه بالإسلام – خيبة وفد قريش – إسلام عمر بن الخطاب

Textbook: Ali Nadawi, Abul Hasan, QasasunNabiyeen Part - V MuassasathusSahafa wa Nashr publication Lucknow, India,1999.

Reference Books:

1. Mohammed Mus'yid Hussain, *Qasas Al Anbiya Lil Atfaal*, 2010, Dar Al Kunooz, Jordan, 2010.
2. M.R.M. Abdur Raheem, NabimargalVaralaru, Universal Publishers, Chennai, 2015.

Course Outcomes

CO	Upon completion of the course, the students will be able to:	PSOs Addressed	Cognitive Level
1	Associate themselves with the art of writing simple sentences.	1,2	Understanding
2	Construct sentences in Arabic using common words flawlessly.	1,5	Applying
3	Interpret the history of the leader of Prophets in Islam.	1,2,3,4	Applying
4	Prioritize to live a life learned from the biography of the Prophet Muhammad (PBUH).	1,4,5	Analyzing
5	Summarize the style of classical prose.	1,2,3	Evaluating

Relationship Matrix

Relationship Matrix										
Semester	Course Code		Title of the Course			Hours		Credits		
III	21ULAR31		MODERN PROSE			90		3		
Course Outcomes (COs)	Programme Learning Outcomes (PLOs)					Programme Specific Outcomes (PSOs)				
	PLO 1	PLO 2	PLO 3	PLO 4	PLO 5	PSO 1	PSO2	PSO3	PSO4	PSO 5
1	✓	✓				✓	✓			
2	✓			✓	✓	✓				✓
3	✓	✓	✓	✓		✓	✓	✓	✓	
4	✓	✓		✓	✓	✓			✓	✓
5	✓	✓	✓			✓	✓	✓		
	Number of matches = 30 Relationship = Medium									

SEMESTER – III

Course Title	ONE-ACT PLAYS AND WRITING SKILL
Total Hrs.	90
Hrs./Week	6
Course Code	21ULEN31
Course Type	Part – II - English
Credits	3
Marks	100

General Objective:

To expose students the conversational patterns and help them learn written English in given practical situations.

Course Objectives:

CO	The learners will be able to:
CO-1	Identify and learn the conversational patterns in written communication.
CO-2	Distinguish the patterns of writing in formal and informal situations.
CO-3	Observe the conversational patterns in real-life situations.
CO-4	Examine various possible methods to learn the writing skill through the prescribed texts.
CO-5	Practise writing messages, essays, and reports.

UNIT I – ONE-ACT PLAYS

1. The Bishop's Candlesticks - Norman McKinnell
2. The Proposal - Anton Chekov
3. The Hour of Truth - Percival Wilde

UNIT II – ONE-ACT PLAYS

4. Aladdin and his Magic Lamp - Y. Sayed Mohammed
5. Tippu Sultan - Y. Sayed Mohammed
6. Evergreen Merchant of Venice - Y. Sayed Mohammed

UNIT III – WRITING SKILL

1. **Messages** (Pages 1-9 of *Written English for You* to be taught and the tasks given to be accomplished in the *Record of Writing*)
 - i) What is a message?
 - ii) When do we write messages?
 - iii) Why do we write messages?
 - iv) How do we write messages?
2. **Letters – 1** (Pages 10-19 *Written English for You* to be taught and the tasks given in pages 17 and 19 should be accomplished in the *Record of Writing*)
 - i) Letters for Ordering Supply of Goods
 - ii) Letters of Apology
 - iii) Letters of Complaint
 - iv) Letters of Applications
3. **Letters – 2** (Pages 36-40 of *Written English for You* to be taught and the tasks given in the pages 38 and 40 should be accomplished in the *Record of Writing*)
 - i) Letters to inform your plan of visit
 - ii) Letters of Request
 - iii) Letters of Apology

UNIT IV – WRITING SKILL

4. **Essays** (Pages 66-79 to be taught and only the tasks 1-3 from pages 79 and 80 should be accomplished in the *Record of Writing*)
 - i) What is an Essay?
 - ii) Types of Essays.
 - iii) The Structure of an Essay.
 - iv) Introductory Paragraph.
 - v) Supporting Paragraph.
 - vi) What can be the length of an Essay?
 - vii) Why am I writing this Essay?
 - viii) Who am I writing for?
 - ix) How to begin an Essay?
 - x) How to organize an Essay?
 - xi) What to avoid in writing an Essay?

5. **Narrating** (Pages 109-116 of *Written English for You* to be taught only the tasks 1 and 2 from pages 115 to 116 to be accomplished in the *Record of Writing*)

- i) Describing events in a chronological order.
- ii) Narrating events from different points of view
- iii) Narrating events from different view point in time

UNIT V – WRITING SKILL

6. **Reporting** (Pages 127-136 be taught. The tasks given in pages 129- 134 and 136-137 must be accomplished in the *Record of Writing*)

- i) News Reports
- ii) Reporting Events or Developments.
- iii) Reporting Interviews and Press Conferences
- iv) Reports of Meetings.

7. **Summarizing** (Pages 164-172 of *Written English for You* be taught and the tasks 1-3 in pages 172-178 to be accomplished in the *Record of Writing*)

- i) What is a Summary?
- ii) How to write a Summary?
- iii) How long should a Summary be?
- iv) Should the Summary be in a Paragraph?
- v) Analysis of the Process of Summarizing.

NOTE: Questions for Units III, IV and V should be framed from the tasks given in the prescribed textbook ***Written English for You.***

Textbooks:

1. Compiled by a Board of Editors. *Plays for Pleasure*, Chennai: Paavai Publications, 2009
2. Sayed Mohammed.Y, ed. *Three One - Act Plays*. Tirunelveli. Mohammed Taahaa Publications, 2011.
3. Radhakrishna Pillai. G, ed. *Written English for You* Chennai. Emerald Publishers, 1990 (rpt. 2008)

Course Outcomes:

CO	Upon completion of this course, students will be able to:	PSOs Addressed	Cognitive Level
CO-1	Understand the nuances of English conversational patterns.	1,3,4,6	Understanding
CO-2	Explain the patterns required for conversing in formal and informal situations.	1,3,4,6	Applying
CO-3	Choose to write English sentences by means of applying their skills learned.	1,2,3	Applying
CO-4	Focus on language activities to master the writing skill.	3	Analysing
CO-5	Summarize the uses and methods of writing messages, essays, reports and pamphlets.	1,3,4	Evaluating

Relationship Matrix

Semester	Course Code	Title of the Course					Hours	Credits				
III	21ULEN31	One-Act Plays and Writing Skill					90	3				
Course Outcomes (COS)	Programme Learning Outcomes (PLOs)						Programme Specific Outcomes (PSOs)					
	PLO 1	PLO 2	PLO 3	PLO 4	PLO 5	PLO 6	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6
CO-1	✓	✓	✓				✓		✓	✓		✓
CO-2		✓	✓	✓			✓		✓	✓		✓
CO-3		✓	✓				✓	✓	✓			✓
CO-4		✓	✓	✓			✓		✓	✓	✓	✓
CO-5		✓	✓	✓			✓		✓	✓		✓
CO-6												
	Number of matches (✓) = 35 Relationship = High											

SEMESTER – III

Course Title	ABNORMAL PSYCHOLOGY II
Total Hrs.	60
Hrs./Week	4
Course Code	21UCPY31
Course Type	DSC-V
Credits	4
Marks	100

General Objective : To know about abnormality of human behaviours

Course Objectives:

CO.	The learner will be able to :
CO 1	To understand the basics of abnormal psychology
CO 2	To know the classification , diagnosis and assessment for psychological disorders.
CO 3	To recognize anxiety , mood disorders and suicide
CO 4	To perceive dissociative and somatoform disorders .
CO 5	To get familiarized with disorders relating to substance use .

UNIT I: INTRODUCTION

Meaning and Nature of Abnormal Behaviour –Concept of normality and abnormality – Signs and symptoms of Mental Illness: The three criteria of determining psychological disorders - History of Psychopathology – Perspectives of Psychological Disorders: Psychoanalysis – Humanism – Behaviourism – Social, Cognitive and Biological Explanations – Biopsychosocial and Neuropsychological approaches

UNIT II: CLASSIFICATION, DIAGNOSIS& ASSESSMENT

Brief history of classification –WHO & ICD - Evolution of DSM: From DSM I to Multi Axial Systems until DSM V – Criticisms of DSM – People who diagnose Psychological Disorders; Assessments: Neuropsychological tests – Clinical Interview – Tests of Psychological functioning - Rating scales - projective tests.

UNIT III: ANXIETY, MOOD DISORDERS & SUICIDE

Anxiety: Fight-or-Flight Response – Comorbidity - General Anxiety Disorder – Panic Disorder – Social Phobia — Specific Phobias – Obsessive-Compulsive Disorder – Posttraumatic Stress Disorder; Depressive Disorders: Major Depressive Episode – Major Depressive Disorder – Dysthymic Disorder; Bipolar Disorders: Manic, Mixed and Hypomanic Episodes – Bipolar I Vs Bipolar II Disorders – Cyclothymic Disorder – Suicide: Suicidal thoughts and Suicide risks – Understanding and Prevention.

UNIT IV: DISSOCIATIVE & SOMATOFORM DISORDERS

Dissociative Disorders: Normal vs Abnormal Dissociation – Cultural variations – Dissociative Amnesia – Dissociative Fugue – Depersonalisation Disorder – Dissociative Identity Disorder; Somatoform Disorders: Somatization Disorder- Conversion Disorder – Hypochondriasis– Body Dysmorphic Disorder.

UNIT V: DISORDERS DUE TO PSYCHOLOGICAL SUBSTANCE USE

Substance Use vs Intoxication - Substance Abuse – Substance Dependence – Etiological Factors in the Development of Substance Dependence - Sociocultural Variables – Psychological Variables – Biological Variable – Comorbidity – Polysubstance use – Stimulants: Cocaine – Amphetamines – MDMA – Nicotine; Depressants: Alcohol – Sedative-Hypnotic drugs; Other abused substances: Hallucinogens .

Textbooks :

1. Rosenberg, R. S., &Kosslyn, S. M. (2014). *Abnormal psychology*. New York, NY: Worth.
2. Barlow, D. H., Durand, V. M., Lalumiere, M. L., & Hofmann, S. G. (2021). *Abnormal psychology: An integrative approach*. Toronto, Ontario: Nelson Education.

References :

1. Kring, A. M., Johnson, S. L., Davison, G. C., & Neale, J. M. (2017). *Abnormal psychology*. Hoboken, NJ: Wiley Custom.
2. Seligman, M. E., Walker, E. F., & Rosenhan, D. L. (2007). *Abnormal psychology*. New York: Norton & Company.
3. Sarason, I. G., & Sarason, B. R. (2008). *Abnormal psychology: The problem of maladaptive behaviour*. Upper Saddle River, NJ: Prentice Hall.

e-Resources :

1. Rosenberg, R., &Kosslyn, S. (2014). PDF e-Book for *Abnormal Psychology*. London: Palgrave Macmillan.
2. Rosenberg, R. S., &Kosslyn, S. M. (2014). *Study guide for abnormal psychology*. New York: Worth.

Course Outcome

CO.	Upon completion of the course students will be able to:	PSOs Addressed	Cognitive Level
CO 1	Build knowledge on the foundations of psychological disorders	1, 2, 5	Understanding
CO 2	Classify, diagnose and assess various psychological disorders	1, 2,3, 5	Evaluating
CO 3	Predict anxiety ,mood disorders and suicide.	1,4, 5	Evaluating
CO 4	Discriminate various dissociative and somatoform disorders.	1,2,4, 5	Analyzing and Evaluating
CO 5	Appraise psychological and behavioral morbidity associated with substance use	1, 3, 4, 5	Analyzing and Evaluating

Relationship Matrix

Semester	Course Code	Title of the Course					Hours	Credits		
III	21UCPY31	Abnormal Psychology II					60	4		
Course Outcome s (COs)	Programme Learning Outcomes (PLOs)					Programme Specific Outcomes (PSOs)				
	PLO 1	PLO 2	PLO 3	PLO 4	PLO 5	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO-1	✓	✓	✓		✓	✓	✓			✓
CO-2	✓	✓	✓	✓	✓	✓	✓	✓		✓
CO-3	✓	✓	✓	✓	✓	✓			✓	✓
CO-4	✓	✓	✓	✓	✓	✓	✓		✓	✓
CO-5	✓	✓	✓	✓	✓	✓		✓	✓	✓
	Number of matches (✓) = 42									
	Relationship = High									

SEMESTER – III

Course Title	CLINICAL INTERVIEWING AND CASE HISTORY
Total Hrs.	30
Hrs./Week	2
Course Code	21UCPY3P1
Course Type	Practical - III
Credits	1
Marks	100/2

General Objective : To acquire skills pertaining to clinical interviewing and case history writing.

CO.	The learner will be able to :
CO 1	To get familiarized with the basics of clinical interviewing and case history writing.
CO 2	To learn the skills of clinical interviewing and case history writing.
CO 3	To acknowledge the various aspects of the interview process.
CO 4	To know the components of a case report .
CO 5	To understand the salience of case history making and reporting.

Unit I Foundations

Self –awareness- Effective Interviewing – The physical setting – Professional and Ethical issues – Relationship variables in interviewing.

Unit II Skills

Attending behaviour – The pull to reassurance - Non-directive and directive listening responses – Using Questions.

Unit –III Interview process

Structural Models: The introduction – The opening – The body - The Closing - The termination – The Science of clinical interviewing.

Unit IV Case Report Writing - I

Identifying Information – Behavioural Observation- Presenting Complaints - History of present problem/ illness - Past treatment history - Relevant medical history.

Unit V Case Report Writing – II

Personal and Social History – history of Substance use - Premorbid personality – Current situation and functioning – Diagnostic impressions – Treatment plan

References

1. John, S. F., & Rita, S. F. (2003). *Clinical Interviewing* (3rd ed.). John Wiley & Sons, Inc.
2. Niraj Ahuja. (2011). *A short text book of Psychiatry* (7de editie). JAYPEE Brothers Medical Publishers (P) Ltd.

Course Outcomes

CO.	Upon completion of the course students will be able to:	PSOs Addressed	Cognitive Level
CO 1	Order the components of clinical interviewing and case history taking.	2, 3, 4	Analyzing and Evaluating
CO 2	Reframe the skills required for interviewing and case history taking.	2, 3, 5	Evaluating
CO 3	Integrate the interviewing process.	2, 3, 5	Creating
CO 4	Design a case history report.	2, 3, 4, 5	Creating
CO 5	Discriminate relevant information in order to place it under appropriate components of a case history report.	2, 3, 4, 5	Analyzing and Evaluating

Relationship Matrix

Semester	Course Code	Title of the Course				Hours	Credits			
III	21UCPY3P1	Clinical Interviewing and Case History				30	1			
Course Outcomes (COs)	Programme Learning Outcomes (PLOs)					Programme Specific Outcomes (PSOs)				
	PLO 1	PLO 2	PLO 3	PLO 4	PLO 5	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO-1		✓	✓	✓	✓		✓	✓	✓	
CO-2		✓	✓	✓	✓		✓	✓		✓
CO-3		✓	✓	✓	✓		✓	✓		✓
CO-4		✓	✓	✓	✓		✓	✓	✓	✓
CO-5		✓	✓	✓	✓		✓	✓	✓	✓
	Number of matches (✓) = 37 Relationship = High									

SEMESTER – III

Course Title	BIOLOGICAL PSYCHOLOGY
Total Hrs.	60
Hrs./Week	4
Course Code	21UAPY31
Course Type	Allied-II/1
Credits	3
Marks	100

General Objective: To learn the biological basis of human behaviour.

Course Objectives:

CO.	The learner will be able to :
CO 1	To get introduced to biological orientations.
CO 2	To describe the structure , function and communication of neuron .
CO 3	To classify nervous system both anatomically and functionally .
CO 4	To familiarize with parts of the brain .
CO 5	To relate the functions of hormones and the brain.

UNIT I INTRODUCTION

Meaning of Biological Psychology - Biological approach to Psychology:
Biological approach to behaviour - genetics and behaviour- Human
Evolution and behaviour

UNIT II STRUCTURE, FUNCTION AND COMMUNICATION OF NEURONS

Neurons and its Supporting cells – Structure of a Neuron – The Nerve
Impulse – Communication at the Synapse – Neurotransmitters – Blood-
Brain Barrier.

UNIT III THE NERVOUS SYSTEM

Basic features of the Nervous System: Overview- Meninges- The ventricular
system and Cerebrospinal fluid- Divisions of the nervous system: The
Central Nervous System, its development- The Spinal Cord - Peripheral

Nervous system: Spinal Nerves , Cranial Nerves, Somatic and Autonomic Nervous System –Neural Plasticity

UNIT IV THE BRAIN

Brain: The Forebrain, The Mid brain , The Hind Brain – The Cerebral Cortex: organisation of the Cerebral cortex- The frontal lobe – The temporal lobe- The parietal lobe –The occipital lobe – The Lateralization of functions : the right and the left hemispheres, corpus callosum, handedness – Effects of Brain damage – Effects of brain stimulation – Recording brain activity

UNIT V: HORMONES AND THE BRAIN

Glands -Classes of Hormones - Hormones of the Pituitary - Neural Control of the Pituitary - Control of the Anterior and Posterior Pituitary by the Hypothalamus - Discovery of Hypothalamic Releasing - Hormones - Regulation of Hormone Levels

TEXT BOOKS :

1. Carlson, N. R. (2007). *Foundations of Physiological Psychology* (6th ed.). New Delhi, India: Pearson Education.
2. Kalat, J.W. (2011). *Biopsychology*. India: Cengage Learning India Pvt. Limited.
3. Pinel, J. (2007). *Biopsychology* (6th ed.). New Delhi: Pearson Education.

REFERENCE BOOKS :

1. Purves, D., Brannon, E., Huettel, S.A., Labar, K.S., Platt, M.L., & Woldorff, G.M. (2008). *Principles of Cognitive Neurosciences*. Sunderland, U.S.A: Sinauer Associates, Inc. Publishers.
2. Rosenweig, M.R., Leiman, A.L., Breedlove, S.M. (1999). *Biological Psychology: An Introduction to Behavioral, Cognitive and Clinical Neuroscience*. (2nd ed.) U.S.A.: Sinauer Associates, Inc.
3. Levinthal, C.F., (2003), *Introduction to Physiological Psychology*. (3rd ed.). U.S.A.: Pearson Education, Inc.

Course Outcomes

CO.	Upon completion of the course students will be able to:	PSOs Addressd	Cognitive Level
CO 1	Appraise the biological foundations of human behavior.	2, 4, 5	Understanding and Evaluating
CO 2	Illustrate the structure , function and communication of neurons.	1, 3, 4	Understanding and Analyzing
CO 3	Organize facts relating to nervous system and behavior.	1, 2, 3	Understanding and Creating
CO 4	Compile the certitude behind brain and behavior.	2,3, 4	Creating
CO 5	Integrate the functional relationship between hormones and the brain.	1, 2, 5	Creating

Relationship Matrix

Semester	Course Code	Title of the Course				Hours	Credits			
III	22UAPY31	BIOLOGICAL PSYCHOLOGY				60	3			
Course Outcom es (COs)	Programme Learning Outcomes (PLOs)					Programme Specific Outcomes (PSOs)				
	PLO 1	PLO 2	PLO 3	PLO 4	PLO 5	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO-1		✓	✓	✓	✓		✓		✓	✓
CO-2	✓	✓		✓	✓	✓		✓	✓	
CO-3	✓	✓	✓	✓		✓	✓	✓		
CO-4		✓	✓	✓	✓		✓	✓	✓	
CO-5	✓	✓	✓		✓	✓	✓			✓
	Number of matches (✓) = 35 Relationship = High									

SEMESTER – III

Course Title	BIO-PSYCHOLOGY PRACTICAL
Total Hrs.	30
Hrs./Week	2
Course Code	21UAPY3P1
Course Type	Allied Practical –II/1P
Credits	1
Marks	100/2

General Objective : To be able to perceive biological foundations in everyday behaviour.

Course Objective:

CO.	The learner will be able to :
CO 1	To get familiarized with the concept of handedness .
CO 2	To comprehend the genetic basis behind behavior.
CO 3	To acknowledge the conditions of patience with brain damage.
CO 4	To observe the human anatomy .
CO 5	To note the techniques of brain imaging.

Unit 1: Handedness

Unit 2: Familial pattern of behaviour (Comprehending genetic basis)

Unit 3: Case histories of patients with brain damage

Unit 4: Observing Human Anatomy

Unit 5: Observing Brain Imaging: CT scans , MRI, fMRI, PET,

Students shall observe and report the biological basis of behaviour using every day observations, clinical observations and diagnostic observations.

Course Outcomes

CO.	Upon completion of the course students will be able to:	PSOs Addressed	Cognitive Level
CO 1	Appraise the handedness of an individual.	2, 3, 4	Analyzing
CO 2	Predict the familial pattern of behavior.	2, 3, 4	Understanding and Evaluating
CO 3	Assess the psychological and behavioral impact of brain damage.	1, 2, 3,5	Evaluating
CO 4	Summarize facts on human anatomy.	1, 3, 4, 5	Understanding and Evaluating
CO 5	Infer the anomalies recognized by brain images.	1, 2, 3, 5	Analyzing

Relationship Matrix

Semester	Course Code	Title of the Course				Hours	Credits			
III	21UAPY3P1	Bio-Psychology Practical				30	1			
Course Outcomes (COs)	Programme Learning Outcomes (PLOs)					Programme Specific Outcomes (PSOs)				
	PLO 1	PLO 2	PLO 3	PLO 4	PLO 5	PSO1	PSO2	PSO3	PSO4	PSO5
CO-1		✓	✓	✓	✓		✓	✓	✓	
CO-2		✓	✓	✓	✓		✓	✓	✓	
CO-3	✓	✓	✓	✓	✓	✓	✓	✓		✓
CO-4	✓	✓	✓	✓	✓	✓		✓	✓	✓
CO-5	✓	✓	✓	✓	✓	✓	✓	✓		✓
	Number of matches (✓) = 41 Relationship = High									

SEMESTER – III

Course Title	FUNDAMENTALS OF COMPUTING AND SECURITY
Total Hrs.	30
Hrs./Week	2
Course Code	21USFC31
Course Type	SEC-I
Credits	2
Marks	100

General Objectives:

Introduce the fundamentals of computing devices and particularly with respect to personal use of computer hardware and software, the Internet, Cyber Crime and Cyber Security.

UNIT I Fundamental of Computers

The Role of Computers in Modern Society - Block Diagram of Digital Computer - Working Principle of Computer - Hardware-Software- Types of Software - Operating system-Definition-Single user and multi-user operating system-Time sharing-multitasking-multiprogramming-Batch Processing-on-line processing-spooling.

UNIT II Microsoft Office Package

Basics of Office Automation Tools - Microsoft Word: Create Documents – Edit and Format Documents - Microsoft Excel: Create Worksheet – Edit and Filter - Microsoft PowerPoint: Create Presentation – Edit and format Presentation – Microsoft Access: Create Database and Table – Designing database.

UNIT III Networks

Components of a Communication System - Types of Networks : Local Area Network - Metropolitan Area Network - Wide Area Network - Wireless and Wired Network – Network Topologies - World Wide Web (WWW) - Client - Server Computing.

UNIT –IV Cyber Security for ICT

Information and Communication Technology: Introduction-Basics of ICT-
Ethical & Social Issues in ICT -Digital Citizenship-Elements of Digital
Citizenship- Need for Cyber Security

UNIT –V Cyber Crime & Cyber Security

Cyber Crime: Introduction--Types of Cyber Crime-Security Issues:
Threats-Attacks-Vulnerabilities - Cyber Space-Security Services - Cyber
Security: Definition, Key Concepts, Fundamentals, Cyber Challenges and
Ethics.

Textbooks:

1. Cyber Crime & Cyber Security – “Unit IV and V , Dr. S. Shajun Nisha,PG and Research Department of Computer Science “.

Reference Book:

1. Fundamentals of Computers, by V.Rajaraman, PHI, Fifth Edition, April 2010.
2. Microsoft Office – Complete Reference – BPB Publication
3. “Introduction to Data communication and networking” – Behrouz Forouzan- Tata McGraw Hill 2nd Edition, 2006.

SEMESTER- III

Course Title	SWAYAM-NPTEL Online Certification Course
Total Hrs.	30
Hrs./Week	2
Course Code	21USOC32
Course Type	SEC-II
Credits	2
Marks	100

SWAYAM NPTEL ONLINE CERTIFICATION COURSES

GUIDELINES AND INSTRUCTIONS

1. National Programme on Technology Enhanced Learning (NPTEL) provides e-learning through online web and video courses in Engineering, Science and Humanities streams through its portal
<https://swayam.gov.in/ncdetails/NPTEL>.
2. Enrollment to all the courses is FREE.
3. Enrollment to courses and Examination Registration can be done ONLINE only. The link is available on NPTEL Website <http://npTEL.ac.in/>
4. SWAYAM – NPTEL Online Certification Courses are made optional for the students in the UG Programmes from the Academic year 2021-2022.
5. Any Eight – Week, Two-Credit Course in any discipline be chosen by the respective Departments in the Third Semester of the Undergraduate Programmes.
6. The SWAYAM–NPTEL Online Certification Courses offered during the December – April Semester be chosen by the Departments. The courses may be handled by the Department Mentor or by any teacher in the respective Departments.
7. Candidates must have completed Examination Registration and submitted assignments successfully within the prescribed time to receive hall tickets and to write examinations.
8. The allocation of marks for the online examination conducted by the respective IITs is 25:75 for each course.
9. A candidate should obtain a minimum of 40 marks on 100 marks (a minimum of 10 marks for Assignment and 30 marks in the final examination) to pass the Online Courses.

10. If a student fails in the Online Examination conducted by the respective IITs he/she would be permitted to write a Supplementary Examination for 75 marks by the Controller of Examinations of our College.
11. Those who registered for the Online Courses, obtained Assignment marks, appeared for the Online Examination and failed in the courses alone are eligible to apply for the Supplementary Examinations conducted by the College.
12. If a candidate fails in the Supplementary Examinations or does not appear for the Supplementary Examinations conducted by the College, the norms followed for taking an Arrear Examination will be adopted.
13. Course Completion Certificate will not be issued by the respective IITs for the candidates who clear the Online Courses through the Supplementary Examinations conducted by the College. The two credits the candidate earns, if passed in the Supplementary Examinations would be added in the Consolidated Statement of Marks issued by the Controller of Examinations.

SEMESTER – III

Course Title	POSITIVE THINKING
Total Hrs.	30
Hrs./Week	2
Course Code	21USPY32
Course Type	SEC-II
Credits	2
Marks	100

General Objective: To acquire skills pertaining to Positive Thinking.

Course Objective:

CO.	The learner will be able to :
CO 1	To perceive the truth about oneself and aspirations .
CO 2	To see the positive after distillation .
CO 3	To recognize the habitual ways of thinking
CO 4	To sense the beauty in everything.
CO 5	To realize the positive personality.

Unit –I : Truth about oneself and Aspirations

The seven truths of oneself as a person – What you want to be - :The Magic Wand Exercise – Designing perfect Future –Planning Perfect Day - Confronter vs Evador Personality -Being Realistic – Dealing with Reality – Separating facts from Problems – Past and Future – Analyzing the situation –Seeking to understand- The Worry Buster.

Unit – II : Distilling the Positive

The Main Obstacle - Taking control of one's mind- Programming to be optimistic –Power of Thoughtfulness-Law of Substitution –Reinterpreting a

situation – The three magic words – One’s Responsibility – Taking control of Responses.

Unit –III : Changing habitual ways of thinking

A reason for everything – Programming and Preprogramming – New habit patterns of thought : Power of Positive Affirmations –Seeing and Believing the same – Preparing before the event – The power of NO –Rejection is normal and natural.

Unit – IV: Looking for Beauty in Everything

Making a decision – Never complaining and Never explaining - The Great Power –The lesson one needs and meant to learn – Managing Denial – Changing one’s vocabulary – Problems are inevitable –Looking on the bright side – Zero based thinking- Thinking positively and constructively –Seeking and Finding – Resistance and Acceptance –No regret and No blame.

Unit :V: Positive Personality

The developing Personality – Live and Learn – Admiration VS Envy- Forgiveness : Parents- Intimate Relationships - Everyone else - Oneself . Seven Keys : Being the best of one can be : Positive Self Talk - Positive Visualization –Positive Mental Food - Positive Training and Development – Positive Health Habits -Positive Expectations .

References

Tracy, B., & Tracy Stein, C. (2012). *Kiss that Frog*. Harper Collins.

Byrne, R. (2009). *The Secret*. Simon & Schuster.

Course Outcomes

CO	Upon completion of the course students will be able to :	PSOs Addressed	Cognitive Level
CO 1	Analyze the truth about oneself and make realistic aspirations.	2, 3, 4	Understanding and Analyzing
CO 2	Appraise the positive amongst everything.	2, 3, 4	Evaluating
CO 3	Develop ways of thinking positive.	2, 3, 4, 5	Creating
CO 4	Support the fact that everything is beautiful.	2, 3, 5	Evaluating
CO 5	Organize the positive personality.	2, 4, 5	Creating

Relationship Matrix

Semester	Course Code	Title of the Course				Hours	Credits			
III	21USPY32	Positive Thinking				30	2			
Course Outcomes (COs)	Programme Learning Outcomes (PLOs)					Programme Specific Outcomes (PSOs)				
	PLO 1	PLO 2	PLO 3	PLO 4	PLO 5	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO-1		✓	✓	✓	✓		✓	✓	✓	
CO-2		✓	✓	✓	✓		✓	✓	✓	
CO-3		✓	✓	✓	✓		✓	✓		✓
CO-4		✓	✓	✓	✓		✓		✓	✓
CO-5		✓	✓	✓	✓		✓		✓	✓
	Number of matches (✓) = 35 Relationship = High									

SEMESTER – III

Course Title	PSYCHOLOGY OF SUCCESS
Total Hrs.	30
Hrs./Week	2
Course Code	21UNPY31
Course Type	NME-I
Credits	2
Marks	100

General Objective: To relearn the perspective of Success.

Course Objective:

CO.	The learner will be able to :
CO 1	To know the psychological background for success .
CO 2	To recognize self-awareness and self-esteem .
CO 3	To learn skills necessary for self- management .
CO 4	To get familiarized with skills pertaining to communication and relationship.
CO 5	To gain awareness about management of resources.

Unit I: Psychology and Success

Understanding Success - Understanding psychology – Understanding yourself: Your inner self – you and social worlds

Unit II: Self Esteem and Self-awareness

Self Esteem-Learning to like yourself. Self awareness: developing self awareness –Discovering your strengths: Personality and individuality-exploring skills and interest .

Unit III: Self- management

Positive thinking: conquering negative thoughts- becoming a positive thinker – Self –discipline: disciplining your thinking – taking control of your life - Self motivation: understanding motivation –recharging your motivation

Unit IV: Communication and Relationships

Interpersonal communication - Elements of communication-Communication breakdown - Non- verbal communication - Improving communication skills -Healthy relationship: Interpersonal relationship –

understanding diversity – dealing with conflict – recognizing toxicity in relationships

Unit V: Resource Management

Time management: taking control of your time- prioritizing –tackling procrastination –Money management: money matters- managing your finances – strengthening your resources.

Text Book :

Denis Waitley. (n.d.). *Psychology of Success, Finding meaning in work and life* (5th ed.). Tata Mc Graw Hill Education Private Limited.

Reference :

1. Goleman, D. (2004). *Emotional Intelligence*. Bloomsbury Publishing India Private Limited.
2. Schuller, R. H. (2006). *Success is Never Ending Failure is Never Final*. Orient Paperbacks.

Course Outcomes

CO.	Upon completion of the course students will be able to :	PSOs Addressd	Cognitive Level
CO 1	Reframe the concept of success based on psychological knowledge.	1, 2, 4, 5	Evaluating
CO 2	Appraise self-awareness and self-esteem	1, 2, 3, 5	Analyzing
CO 3	Develop skills for self-management	2, 3, 5	Creating
CO 4	Modify communication and relationship skills.	3, 4, 5	Creating
CO 5	Formulate strategies for resource management .	2, 3, 4, 5	Creating

Relationship Matrix

Semester	Course Code	Title of the Course				Hours	Credits			
III	21UNPY31	Psychology of Success				30	2			
Course Outcome s (COs)	Programme Learning Outcomes (PLOs)					Programme Specific Outcomes (PSOs)				
	PLO 1	PLO 2	PLO 3	PLO 4	PLO 5	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO-1	✓	✓	✓	✓	✓	✓	✓		✓	✓
CO-2	✓	✓	✓	✓	✓	✓	✓	✓		✓
CO-3		✓	✓	✓	✓		✓	✓		✓
CO-4		✓	✓	✓	✓			✓	✓	✓
CO-5		✓	✓	✓	✓		✓	✓	✓	✓
	Number of matches (✓) = 36 Relationship = High									

SEMESTER – IV

Course Title	சங்கத்தமிழ் (Sangam Tamil)
Total Hrs.	90
Hrs./Week	6
Course Code	21ULTA41
Course Type	Part – I - Tamil
Credits	3
Marks	100

Course Objectives:

CO	The learners will be able to:
CO-1	Distinguish Sangam Tamil from other literature and language.
CO-2	Give examples about love, valour and charity in Tamil tradition.
CO-3	Determine to follow life protocols through literature.
CO-4	Focus on improving their self confidence.
CO-5	Choose to instruct about modern skills like computer.

அலகு – 1 சங்கச் செய்யுள்கள்

1. நற்றிணை - நின்ற சொல்லர், நீடு தோன்று இனியர் (1:1-9)
அம்ம வாழி தோழி நன்னுதற்கு (388:1-10)
2. குறுந்தொகை - ஆம்பற்பூவின் சாம்பலன்ன (46: 1-7)
வேரல் வேலி வேர் கோட்பலவின் (18:1-5)
3. புறநானூறு - ஈன்று புறந்தருதல் எந்தலைக் கடனே (312: 1-6)
நின் நயந்து உறைநர்க்கும் நீநயத்து உரை நற்கும் (163: 1-9)
4. ஐங்குறுநூறு - களவன் பத்து – முள்ளிவேர்
அளைக் களவன் ஆட்டி (23: 1-4)
புலவிப் பத்து – அம்சில் ஓதி அசிநடைப் பாண்மகள் (49: 1-4)
5. கலித்தொகை - வறியவன் இளமைபோல், வாடிய சினையவாய்ச் (10:1-23)
6. அகநானூறு - நாம் நகையுடையம் நெஞ்சே! – கருந்தேறல் (121:1-15)
7. பதிற்றுப்பத்து - இழையர் குழையர் நறுந்தண்மாலையர் (46:1-14)
8. பரிபாடல் - வைகையில் பெரு வெள்ளம்-நிறை கடல் முகந்து உராய் (1-24)
9. முல்லைப்பாட்டு - முழுவதும்

அலகு – 2

சுயமுன்னேற்றக் கட்டுரைகள்

அலகு – 3

இணையப் பயன்பாட்டில் தமிழ்

அலகு – 4

இலக்கிய வரலாறு – சங்க இலக்கியம் ஓர் அறிமுகம் - திணைக்கோட்பாடு
– எட்டுத்தொகை நூல்கள் - நற்றிணை, குறுந்தொகை, ஐங்குறுநூறு, பதிற்றுப்பத்து, பரிபாடல், கலித்தொகை, அகநானூறு, புறநானூறு – பத்துப்பாட்டு நூல்கள் - திருமுருகாற்றுப்படை, பொருநராற்றுப்படை, சிறுபாணாற்றுப்படை,

பெரும்பாணாற்றுப்படை, நெடுநல்வாடை, குறிஞ்சிப்பாட்டு, முல்லைப்பாட்டு, மதுரைக்காஞ்சி, பட்டினப்பாலை, மலைப்படுகடாம்

அலகு – 5

தமிழர் வாழ்வில் அகமும் புறமும் திணைக்கோட்பாடு

பாடநூல்: சங்கத் தமிழ், சதக்கத்துல்லாஹ் அப்பா கல்லூரி தமிழ்த்துறை வெளியீடு.

பார்வைநூல் : தமிழ் இலக்கிய வரலாறு, சாகித்ய அகாதெமி வெளியீடு.

Course Outcomes

CO	Upon completion of the course, the students will be able to:	PSOs Addressed	Cognitive Level
CO-1	Associate themselves to learn about disciplines related to internal and external lives besides knowing about the growth of Tamil by the establishment of Sangam.	1,4,5	Understanding
CO-2	Develop their knowledge about the regulated life, charity, administration and habits of Sangam Tamils.	1,4,5	Applying
CO-3	Classify kings and lords in line with the historical information.	1,2,3,4	Analyzing
CO-4	Differentiate the honest life, high thoughts, barter system and modern skills of the courtesans.	4, 5	Analyzing
CO-5	Summarize about water, air and land resources.	5	Evaluating

Relationship Matrix

Semester	Course Code	Title of the Course				Hours	Credits			
IV	21ULTA41	சங்கத்தமிழ்				90	3			
Course Outcomes (COs)	Programme Learning Outcomes (PLOs)					Programme Specific Outcomes (PSOs)				
	PLO 1	PLO 2	PLO 3	PLO 4	PLO 5	PSO 1	PSO 2	SO 3	SO 4	SO 5
CO-1	✓	✓	✓	✓	✓	✓			✓	✓
CO-2	✓	✓	✓	✓	✓	✓			✓	✓
CO-3	✓	✓	✓	✓		✓		✓	✓	✓
CO-4	✓	✓		✓					✓	✓
CO-5	✓				✓					✓
Number of matches (✓) = 32 Relationship = High										

SEMESTER – IV

Course Title	CLASSICAL PROSE
Total Hrs.	90
Hrs./Week	6
Course Code	21ULAR41
Course Type	Part –I - Arabic
Credits	3
Marks	100

General Objective: To impart moral values to students and build their personality to make them better citizens.

Course Objectives:

CO	The learners will be able to:
1	Observe the etiquettes to be followed with the Prophet (PBUH) discussed in Surah Al-Hujuraath.
2	Associate themselves with the good characters in day today life.
3	Illustrate the life histories of Imams of the Quran, Hadeeth and Islamic jurisprudence.
4	Examine the style of Classical Arabic i.e. the language of the Quran and Hadeeth.
5	Explain the moral values mentioned in Hadeeth.

Unit I: Verses from 1 to 12 from (Sura – al – Hujraat)

" من الآية "يا أيها الذين آمنوا لا تقدموا" إلى الآية "يا أيها الذين آمنوا اجتنبوا

Unit II: Verses from 10 to 18 from (Sura–al–Hujraat) & verses from Surah Luqman (12 to 19)

"من الآية "يا أيها الناس إنا خلقناكم" إلى الآية "إن الله يعلم غيب السموات
"من الآية "ولقد آتينا لقمان الحكمة" إلى الآية "واقصد في مشيك

Unit III: Collection and compilation of Quran and Hadeeth, History of Ibn Abbas (Ral), Imam Ibn-Khathir, History of Imam Abu Hanifa, Ash-shafi, History of Imam Bukhari, Muslim, Abu Dawood, At-Tirmidi, An-Nasae and Ibn-Majah

Unit IV: Hadeeth 1 to 10

"من الحديث "لا تأكلوا بالشمال" - إلى الحديث "خيركم من تعلم القرآن

Unit V:- Hadeeth 11 to 20

"من الحديث " لا تمنعوا نساءكم " - إلى الحديث "حق المسلم على المسلم خمس

TEXT BOOK

1. A study material on "Tafseer Surah Al Hujuraath and from Suraah Luqman and Biographies of selected Islamic Scholars" prepared by Dr. J. Ubaiyathulla and Dr. S.A. Mohamed Rafeek.
2. Shaykh Dr. V. Abdur-Raheem, Ahadeeth Sahlah, Islaamic Foundation Trust, 1994

Course Outcomes

CO	Upon completion of the course, the students will be able to	PSOs Addressed	Cognitive Level
1	Understand the core essence of the Qur'anic verses.	1,2	Understanding
2	Develop refined manners based on the clear understanding of the values as preached in the Holy Qur'an.	1,2,4	Applying
3	Analyze the life history of the eminent scholars and their remarkable contributions to the Quran and Hadeeth literature.	1,2,3	Analyzing
4	Evaluate the immaculate virtues and inspiring value systems of the Prophet.	1,2,3,4	Evaluating
5	Select a healthy environment to practise abiding by the teachings of the Prophet (PBUH).	1,2,3,5	Evaluating

Relationship Matrix

Semester	Course Code	Title of the Course				Hours	Credits			
IV	21ULAR41	CLASSICAL PROSE				90	3			
Course Outcom es (COs)	Programme Learning Outcomes (PLOs)					Programme Specific Outcomes (PSOs)				
	PLO 1	PLO 2	PLO 3	PLO 4	PLO 5	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
1	✓	✓				✓	✓			
2	✓	✓		✓		✓	✓		✓	
3	✓	✓	✓			✓	✓	✓		
4	✓	✓	✓	✓		✓	✓	✓	✓	
5	✓	✓	✓	✓	✓	✓	✓	✓		✓
	Number of matches = 33 Relationship = Medium									

SEMESTER – IV

Course Title	A PRACTICAL COURSE IN SPOKEN ENGLISH
Total Hrs.	90
Hrs./Week	6
Course Code	21ULEN41
Course Type	Part – II - English
Credits	3
Marks	100

General Objective:

To introduce students to the interactive expressions and pronunciation practice to help themselves become competent in spoken mode of communication.

Course Objectives:

CO	The learners will be able to:
CO-1	Associate themselves with the interactional and transactional modes of language.
CO-2	Classify words based on the register and usage to use them contextually.
CO-3	Distinguish sound patterns in English phonetically.
CO-4	Illustrate sound patterns in English with relevant examples.
CO-5	Practise to master competency in description, narration, argumentation and continuous speech.

UNIT I

Interactive Expressions and Pronunciation Practice: Consonants
(Chapters 1 - 3 of *A Course in Spoken English*)

UNIT II

Introducing oneself / others, patterns for greeting, requesting, expressing and responding to thanks and etc., & Pronunciation Practice: Vowels
(Chapters 4 – 8 of *A Course in Spoken English*)

UNIT III

Developing descriptive competency, narrative competency, arguing competency, compering competency and Pronunciation Practice: Diphthongs (Chapters 9 – 13 of *A Course in Spoken English*)

UNIT IV

Practising continuous speech, group discussion and pronunciation practice: Word Accent and Intonation (Chapters 14 – 19 of *A Course in Spoken English*)


UNIT V

Listening Practice : Students will listen to audio and video materials for 10 – 12 hours.

Textbooks, Workbook, Record Note:

1. Nihamathullah. A. et al. *A Course in Spoken English*, Tirunelveli: MSU, 2005. (rpt. 2010).
2. Board of Editors, Department of English, Sadakathullah Appa College, *A Workbook for A Course in Spoken English*, 2011.
3. Spoken English Practical Record.

Evaluation Scheme:

I Internal Oral Test	: 15 Marks		The best two of the three CIA test marks will be added up
II Internal Oral Test	: 15 Marks		
III Internal Oral Test	: 15 Marks		

Distribution of Marks

The best two of the three CIA test marks	: 30 Marks
Loud Reading	: 05 Marks
Listening Test	: 05 Marks
Internal Marks	: 40 Marks
External Oral Test	: 50 Marks
Record Note	: 05 Marks
Workbook	: 05 Marks
External Marks	: 60 Marks

Course Outcomes

CO	Upon completion of this course, students will be able to:	PSOs Addressed	Cognitive Level
CO-1	Understand and describe the nuances of language used in general communication.	1,2,4	Understanding
CO-2	Give examples of words with different register suiting the context.	1,2	Understanding
CO-3	Apply their knowledge of Phonetics and vocabulary to learn to speak distinctly.	1,2,3	Applying
CO-4	Prioritize learning vocabulary and pronounce them phonetically so as to help themselves attain the flow of speech.	1,2,3	Analysing
CO-5	Find errors in the usage and pronunciation of English words committed by their peers.	1,2,3,4	Evaluating

Relationship Matrix

Semester	Course Code	Title of the Course				Hours	Credits			
IV	21ULEN41	A PRACTICAL COURSE IN SPOKEN ENGLISH				90	3			
Course Outcomes (COs)	Programme Learning Outcomes (PLOs)					Programme Specific Outcomes (PSOs)				
	PLO 1	PLO 2	PLO 3	PLO 4	PLO 5	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO-1	✓	✓		✓		✓	✓		✓	
CO-2	✓	✓				✓	✓			
CO-3	✓	✓	✓			✓	✓	✓		
CO-4	✓	✓	✓			✓	✓	✓		
CO-5	✓	✓	✓		✓	✓	✓	✓		✓
	Number of matches (✓) = 30 Relationship = Medium									

SEMESTER – IV

Course Title	ABNORMAL PSYCHOLOGY -II
Total Hrs.	60
Hrs./Week	4
Course Code	21UCPY41
Course Type	DSC- VI
Credits	4
Marks	100

General Objective: To know about abnormality of human behaviour.

Course Objective:

CO.	The learner will be able to :
CO 1	To recognize the psychological basis of eating disorders.
CO 2	To identify psychological aspects underlying gender and sexual disorders.
CO 3	To acknowledge the features of Schizophrenia and personality disorders.
CO 4	To state the nature childhood and degenerative disorders.
CO 5	To gain awareness about treatment for abnormality and to foster ethical and legal issues.

UNIT I: EATING DISORDERS

Anorexia Nervosa: Meaning, DSM Classification & Types – Bulimia Nervosa: Meaning, DSM Classification & Types – Eating Disorder Not Otherwise specified – Psychosocial factors associated with eating and food

UNIT II: GENDER & SEXUAL DISORDERS

Gender Identity Disorder – Paraphilias: Fetishism-Transvestic Fetishism; Pedophilia and Incest – Voyeurism – Exhibitionism – Frotteurism-Sexual Sadism and Sexual Masochism - Sexual Dysfunctions - Rape

UNIT III: SCHIZOPHRENIA & PERSONALITY DISORDERS

Schizophrenia: Positive & Negative Symptoms – Cognitive Deficits: Brain and Schizophrenia – Psychological stress and Schizophrenia – Subtypes – Distinguishing between Schizophrenia and other disorders –History of Schizophrenia.

Personality Clusters – Categories and Problems – Odd/Eccentric Personality Disorders: Paranoid, Schizoid and Schizotypal Personality Disorders – Dramatic / Erratic Personality Disorders: Antisocial, Borderline, Histrionic and Narcissistic Personality Disorders – Fearful/Anxious Personality

Disorders: Avoidant, Dependent and Obsessive-Compulsive Personality Disorders

UNIT IV: CHILDHOOD & DEGENERATIVE DISORDERS

Mental Retardation – Types, Screening and Diagnosis - Pervasive Developmental Disorders: Autism Spectrum Disorders – Asperger’s Disorder – Childhood Disintegrative Disorder – Rett’s Disorder; Learning Disorders: Dyslexia, Dysgraphia and Dyscalculia – Screening and Diagnosis; Disorders of Disruptive Behaviour and Attention: Conduct Disorder – Oppositional Defiant Disorder – Attention-Deficity/Hperactivity Disorder – Seperation Anxiety Disorder – Communication Disorders –Feeding and Eating Disorders – Elimination Disorders – Tic Disorders;

Delirium – Amnestic Disorder – Dementia – Alzheimer’s Dementia –Vascular Dementia – Dementia due to other general medical conditions

UNIT V: TREATMENT, ETHICAL & LEGAL ISSUES

Foundations of Treatment: Goals & Methods of Medication – Electroconvulsive therapy – Biofeedback – Goals and Methods of Psychotherapy: Psychodynamic therapy – Cognitive Behaviour Therapy – Dialectical Behaviour therapy - Client centred therapy – Cybertherapy – Interpersonal therapy – Family and Systems therapy – Group therapy – Community Based treatment and Rehabilitation;

Ethical & Legal issues: Role of Confidentiality – Criminal actions and Insanity – Dangerousness – Legal issues

Text books :

1. Rosenberg, R. S., &Kosslyn, S. M. (2014). *Abnormal psychology*. New York, NY: Worth.
2. Barlow, D. H., Durand, V. M., Lalumiere, M. L., & Hofmann, S. G. (2021). *Abnormal psychology: An integrative approach*. Toronto, Ontario: Nelson Education.

References :

1. Kring, A. M., Johnson, S. L., Davison, G. C., & Neale, J. M. (2017). *Abnormal psychology*. Hoboken, NJ: Wiley Custom.
2. Seligman, M. E., Walker, E. F., &Rosenhan, D. L. (2007). *Abnormal psychology*. New York: Norton & Company.
3. Sarason, I. G., &Sarason, B. R. (2008). *Abnormal psychology: The problem of maladaptive behavior*. Upper Saddle River, NJ: Prentice Hall.

e-Resources

1. Rosenberg, R., &Kosslyn, S. (2014). PDF e-Book for Abnormal Psychology. London: Palgrave Macmillan.
2. Rosenberg, R. S., &Kosslyn, S. M. (2014). Study guide for abnormal psychology. New York: Worth.

Course Outcomes

CO	Upon completion of the course students will be able to :	PSO Addressed	Cognitive Level
CO 1	Interpret the basis of various psychological disorders.	1, 3, 5	Understanding and Applying
CO 2	Appraise the psychological factors relating to gender and sexual disorders.	1, 2, 3, 5	Analyzing and Evaluating
CO 3	Estimate the psychological and behavioral impact of Schizophrenia and personality disorders.	2, 3, 4, 5	Evaluating
CO 4	Predict disorders of childhood as well as degenerative disorders.	1, 3, 4	Evaluating
CO 5	Formulate the treatment procedures appropriately while adopting to ethical and legal standards.	2, 3, 4, 5	Creating

Relationship Matrix

Semester	Course Code		Title of the Course			Hours	Credits			
IV	21UCPY41		Abnormal Psychology -II			60	4			
Course Outcomes (COs)	Programme Learning Outcomes (PLOs)					Programme Specific Outcomes (PSOs)				
	PLO1	PLO2	PLO3	PLO4	PLO5	PSO1	PSO2	PSO3	PSO4	PSO5
CO-1	✓	✓	✓	✓	✓	✓		✓		✓
CO-2	✓	✓	✓	✓	✓	✓	✓	✓		✓
CO-3		✓	✓	✓	✓		✓	✓	✓	✓
CO-4	✓	✓		✓	✓	✓		✓	✓	
CO-5		✓	✓	✓	✓		✓	✓	✓	✓
	Number of matches (✓) = 40 Relationship = High									

SEMESTER - IV

Course Title	MENTAL STATUS EXAMINATION
Total Hrs.	30
Hrs./Week	2
Course Code	21UCPY4P1
Course Type	Practical - IV
Credits	1
Marks	100/2

General Objective : To be able to examine the mental status of the individual.

Course Objectives:

CO.	The learner will be able to :
CO 1	To know the implications of appearance and psycho-motor activity of an individual .
CO 2	To acknowledge the attitude of an individual towards the examiner .
CO 3	To learn about the affect, mood, speech and thought of an individual.
CO 4	To note the perceptual disturbances , orientations and consciousness of an individual
CO 5	To grasp the cognitive parameters of an individual.

Unit I Appearance and Psychomotor activity

Unit II Attitude Towards the Examiner

Unit III Affect, Mood , Speech and Thought

Unit IV Perceptual disturbances, Orientation and Consciousness

Unit V Memory, Intelligence, Reliability, Judgment and Insight

References :

Sadock, B. J., & Sadock, V. A. (2015). *Synopsis of Psychiatry* (11th ed.). Wolters Kluwer.

John, S. F., & Rita, S. F. (2003). *Clinical Interviewing* (3rd ed.). John Wiley & Sons, Inc.

Niraj Ahuja. (2011). *A short text book of Psychiatry* (7de editie). JAYPEE Brothers Medical Publishers (P) Ltd.

Course Outcomes

CO.	Upon completion of the course students will be able to :	PSOs Addressed	Cognitive Level
CO 1	Infer the pathological exhibition related to appearance and psycho-motor activity.	1, 3, 4	Understanding and analyzing
CO 2	Judge the pathological implication of the attitude towards the examiner.	1, 2, 3	Evaluating
CO 3	Appraise affect , mood ,speech and thought relating to pathology.	1, 2, 3	Analyzing and Evaluating
CO 4	Predict perceptual disturbances, orientations and consciousness leading to psychopathology .	1, 2, 3, 4	Evaluating
CO 5	Compile the observations regarding cognitive parameters and find its psychopathological implications.	1, 2, 3, 5	Creating

Relationship Matrix

Semester	Course Code		Title of the Course			Hours	Credits			
IV	21UCPY4P1		Mental Status Examination			30	1			
Course Outcomes (COs)	Programme Learning Outcomes (PLOs)					Programme Specific Outcomes (PSOs)				
	PLO1	PLO2	PLO3	PLO4	PLO5	PSO1	PSO2	PSO3	PSO4	PSO5
CO-1	✓	✓		✓	✓	✓		✓	✓	
CO-2	✓	✓	✓	✓		✓	✓	✓		
CO-3	✓	✓	✓	✓		✓	✓	✓		
CO-4	✓	✓	✓	✓	✓	✓	✓	✓	✓	
CO-5	✓	✓	✓	✓	✓	✓	✓	✓		✓
	Number of matches (✓) =39 Relationship = High									

SEMESTER – IV

Course Title	GUIDANCE AND COUNSELING
Total Hrs.	60
Hrs./Week	4
Course Code	21UAPY41
Course Type	Allied-II-2
Credits	3
Marks	100

General Objective : To know the psychological basis for providing guidance and counseling.

Course Objective:

CO.	The learner will be able to :
CO 1	To define the nature and scope of guidance and counseling
CO 2	To demonstrate various approaches to counseling
CO 3	To learn psychological testing and diagnosis necessary for counseling process
CO 4	To get oriented with qualities skills and responsibilities of a counselor
CO 5	To get familiarized with special areas where counseling can be applied appropriately

UNIT 1 NATURE AND SCOPE OF GUIDANCE AND COUNSELING

Counseling and Guidance : Meaning- Nature, Need and Functions of Guidance and Counseling, Emergence of Guidance and Counseling in India, Goals and Scope of Guidance and Counseling, Types of Counseling Services.

UNIT 2 APPROACHES TO COUNSELING AND THE COUNSELING PROCESS-

Directive and non-directive approaches, Humanistic approach, Behaviouristic approach, Existential Approach, Eclectic Approach. Counseling Process- Preparation for counseling, Steps in the counseling process.

UNIT 3 PSYCHOLOGICAL TESTING AND DIAGNOSIS

Use of psychological tests in guidance and counseling, Types of psychological tests, Nature of a good psychological test, Test interpretation in counseling, Limitations of psychological tests. Diagnosis and its limitations.

UNIT 4 COUNSELLOR QUALITIES, SKILLS AND ETHICAL RESPONSIBILITIES

Qualities of an effective counsellor, Counsellor skills - Building Trust: Listening, Attending, Observing, Building Rapport, Demonstrating Empathy. Ethics in counseling.

UNIT 5 SPECIAL AREAS IN COUNSELING

Family group consultation, Counseling Families Concerning Children, Counseling with Parents, Counseling the Delinquent, Marriage Counseling, Premarital Counseling, Counseling the Handicapped, Career Counseling, and Adolescent Counseling, Role of Counselor in developing Good Mental Health.

Text books :

Nayak, A. K. (2007). Guidance and counseling. New Delhi: APH Publishing.

Rao, N. (2013). Counseling and Guidance. India: Tata McGraw Hill.

Gladding, S.T. (2017). Counseling: A Comprehensive Profession. India: Pearson.

References :

1. Barki, B. G., & Mukhopadhyay, B. (2008). Guidance and counseling: A manual (10th reprint). New Delhi: Sterling.
2. Gibson, R. L., & Mitchell, M. H. (2007). Introduction to counseling and guidance (7th ed.). Upper Saddle River, NJ: Prentice Hall.
3. Kochhar, S. K. (1984). Guidance and Counseling in Colleges and Universities. New Delhi: Sterling.

Course Outcomes

CO.	Upon completion of the course students will be able to :	PSOs Addressed	Cognitive Level
CO 1	Discover the nature and scope of counseling.	2, 3, 4, 5	Understanding and applying
CO 2	Integrate the various approaches to suit the requirements of the counselee.	2, 3, 4	Creating
CO 3	Measure psychological parameters that would provide the background for counseling.	2, 3, 4	Evaluating
CO 4	Appraise and adopt counselor qualities, skills and responsibilities.	3, 4, 5	Analyzing and Evaluating
CO 5	Plan counseling interventions in unique areas involving unique issues of human beings.	2, 3, 4	Creating

Relationship Matrix

Semester	Course Code	Title of the Course					Hours	Credits		
IV	21UAPY41	Guidance and Counseling					60	3		
Course Outcomes (COs)	Programme Learning Outcomes (PLOs)					Programme Specific Outcomes (PSOs)				
	PLO 1	PLO 2	PLO 3	PLO 4	PLO 5	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO-1		✓	✓	✓	✓		✓	✓	✓	✓
CO-2		✓	✓	✓	✓		✓	✓	✓	
CO-3		✓	✓	✓	✓		✓	✓	✓	
CO-4		✓	✓	✓	✓			✓	✓	✓
CO-5		✓	✓	✓	✓		✓	✓	✓	
	Number of matches (✓) = 36 Relationship = High									

SEMESTER - IV

Course Title	COUNSELING SKILLS
Total Hrs.	30
Hrs./Week	2
Course Code	21UAPY4P1
Course Type	Allied Practical-II/2P
Credits	1
Marks	100/2

General Objective: To acquire skills pertinent to counseling.

Course Objective:

CO.	The learner will be able to :
CO 1	To learn listening skills pertaining to counseling.
CO 2	To acknowledge the skills related to understanding in a counseling scenario.
CO 3	To know how to clarify the problems expressed during counseling .
CO 4	To get awareness about interventions and planning the same appropriately.
CO 5	To gain knowledge on the ethical parameters related to counseling.

Unit I: Listening Skills

Listening: Attitude of respect and acceptance – Understand client's internal frame of reference – Receiving voice messages accurately – Receiving body language accurately- giving small rewards and asking open-ended questions

Unit II: Understanding Skills

Showing Understanding - Paraphrase – Reflect feelings – Use mind skills – managing initial resistance – showing understanding of context and difference

Unit III: Clarifying problem and assessing

Questioning skills – Challenging Skills – Feedback skills – Self-disclosure skills – Skills for eliciting and assessing: Physical reaction, thinking, communication and action – Shared analysis of problem

Unit IV: Planning Interventions

Skills for working with clients – Interventions for thinking – Intervention for communication and action – intervention for feeling

Unit V Resolving Ethical Dilemma

Professional responsibility - Confidentiality and privacy – Informed Consent – Relationship with other professionals - Legal considerations

References :

Nelson - Jones, R. (2005). *Practical Counseling and Helping Skills* (5de editie). SAGE Publications.

American Counseling Association. (2014). *ACA Code of Ethics*. American Counseling Association.

Burnard, P. (1992). *Counseling Skills Training*. Kogan Page limited.

Gladding, S. T., & Promila, B. (2021). *Counseling, A Comprehensive Profession* (8ste editie). Pearson Education Inc.

Course Outcomes

CO.	Upon completion of the course students will be able to :	PSO s Addressed	Cognitive Level
CO 1	Develop listening skills essential for counseling.	2, 3, 5	Creating
CO 2	Integrate understanding skills necessary for counseling.	2, 3, 5	Creating
CO 3	Assess and estimate the problems expressed during counseling.	2, 3, 5	Evaluating
CO 4	Plan interventions to suit the requirements of the counselee.	3, 4, 5	Creating
CO 5	Resolve the ethical dilemma that arises during counseling.	2, 3, 4	Applying and Analyzing

Relationship Matrix

Semester	Course Code	Title of the Course				Hours	Credits				
IV	22UAPY4P1	Counseling Skills				30	1				
Course Outcomes (COs)	Programme Learning Outcomes (PLOs)					Programme Specific Outcomes (PSOs)					
	PLO 1	PLO 2	PLO 3	PLO 4	PLO 5	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	
CO-1		✓	✓	✓	✓		✓	✓		✓	
CO-2		✓	✓	✓	✓		✓	✓		✓	
CO-3		✓	✓	✓	✓		✓	✓		✓	
CO-4		✓		✓	✓			✓	✓	✓	
CO-5		✓	✓	✓	✓		✓	✓	✓		
	Number of matches (✓) = 34 Relationship = High										

SEMESTER – IV

Course Title	SOFT SKILLS
Total Hrs.	30
Hrs./Week	2
Course Code	21USSS41
Course Type	SEC-III
Credits	2
Marks	100

Unit – I - Introduction to Soft skills:

Soft skills – Meaning and definition – Importance of soft skills – Soft Skills Vs Hard Skills – Components of Soft skills – Life skills, Communication Skills , Employability Skills and Corporate Skills – Ways to develop soft skills – Applications of Soft skills.

Unit – II - Life Skills:

Life Skills – Meaning and Significance – Elements of Life skills – **Attitude** – Types of Attitude – Developing positive attitude – **Self development** – self awareness – benefits – Motivation – Types – Intrinsic and Extrinsic - Self Assessment through SWOT – **Emotional Intelligence** – Need of E.I - Goleman's EQ model – Methods of EI Development.

Unit – III - Communication skills

Communication skills - Types of communication - Barriers of communication - Overcoming barriers of communication – **Listening Skills** – Process of listening – Types of listening – Barriers to effective listening – Effective listening Strategies - **Reading Skills** – Essential of Reading - Methods of Reading – **Speaking Skills** - benefits of speaking - Self development through speaking skills - **Writing skills** - purpose - Importance of styles in writing skills - **Non verbal Communication** – Importance – Types.

Unit – IV - Employability Skills:

Internet Skills – Job web portals – Roles and Significance of Job portals – Registration process in Job Portals – **Resume Building** – Resume Content – Resume designs and Layouts – Job Application letter – Format and writing Tips of Application Letter – **Interview Skills** – Types of Job Interview – Interview preparation techniques – Group Discussion – Roles to play in Group discussion.

Unit – V - Corporate Skills:

Leadership skills - Manager Vs Leader – Mintzberg's Managerial roles – Traits of Good leader – **Time Management** – Major Blocks to Time Management – Covey's Time Management Matrix – Time Management tips – **Negotiation Skills** – Approaches of Negotiation – **Avoid , Compete, Accommodate, Compromise and Collaborate** – **Stages of Negotiation** – **Stress Management** – **Causes and Consequences of stress** – **Stress Coping Strategies.**

Reference books:

1. Suresh, K. E. (2010). *Communication Skills and Soft Skills: An Integrated Approach (With Cd)*. Pearson Education India.
2. S. Hariharan, S. Sundararajan and SP. Shanmughapriya, *Soft skills*, MJP publishers, Chennai, 2010.

SEMESTER – IV

Course Title	COUNSELING FUNDAMENTALS
Total Hrs.	30
Hrs./Week	2
Course Code	21USPY42
Course Type	SEC- IV
Credits	2
Marks	100

General Objective: To acquire the skills that are fundamental to counseling process.

Course Objective:

CO.	The learner will be able to :
CO 1	To identify aspects of pre-counseling contact .
CO 2	To know how to start a counseling process.
CO 3	To acknowledge the fundamentals of listening .
CO 4	To understand the basic parameters for counseling sessions.
CO 5	To familiarize with process of termination and maintenance of counseling records.

Unit 1: Pre-counseling contact

Orientation of counseling services – Physical premises – advertising a counseling service – clients making initial contact

Unit 2: Starting the counseling process

Goals for initial counseling session – starting initial sessions – structuring skills – contracting – referral skills – crisis counseling – ending initial session

Unit 3: Fundamentals of listening and empathy building

SOLER- Positive versus negative listening - proximity in listening – Using silence – head nodding – active listening – distraction- Clarifying empathy – Empathy building statements .

Unit 4: Counseling sessions

Counseling sessions (Between initial contact and termination) - Length, frequency and number of sessions – monitoring and evaluating the process – resolving transference and counter transference - Record keeping in counseling and Case note

Unit 5: Termination and Counseling records

Ending a counseling session (When) – Formats – Consolidating skills – termination skills – Client self helping - resistance to closing - reporting.

References :

1. Nelson - Jones, R. (2005). *Practical Counseling and Helping Skills* (5de editie). SAGE Publications.
2. American Counseling Association. (2014). *ACA Code of Ethics*. American Counseling Association.
3. Burnard, P. (1992). *Counseling Skills Training*. Kogan Page limited.
4. Gladding, S. T., & Promila, B. (2021). *Counseling, A Comprehensive Profession* (8ste editie). Pearson Education Inc.

Course Outcomes

CO.	Upon completion of the course students will be able to :	PSOs Addressed	Cognitive Level
CO 1	Plan a counseling contact .	2, 3, 4	Creating
CO 2	Prepare for the start of the counseling process .	2, 3, 4	Applying
CO 3	Create scenario for listening and empathy building.	2, 3, 4	Creating
CO 4	Design counseling sessions.	2, 3, 4	Creating
CO 5	Predict and resolve termination issues and writing counseling records.	2, 3, 5	Understanding and evaluating

Relationship Matrix

Semester	Course Code	Title of the Course				Hours	Credits			
IV	21USPY42	Counseling Fundamentals				30	2			
Course Outcomes (COs)	Programme Learning Outcomes (PLOs)					Programme Specific Outcomes (PSOs)				
	PLO 1	PLO 2	PLO 3	PLO 4	PLO 5	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO-1		✓	✓	✓	✓		✓	✓	✓	
CO-2		✓	✓	✓	✓		✓	✓	✓	
CO-3		✓	✓	✓	✓		✓	✓	✓	
CO-4		✓	✓	✓	✓		✓	✓	✓	
CO-5		✓	✓	✓	✓		✓	✓		✓
	Number of matches (✓) = 35 Relationship = High									

SEMESTER - IV

Course Title	PSYCHOLOGY OF LIFE AND WORK
Total Hrs.	30
Hrs./Week	2
Course Code	21UNPY41
Course Type	NME-II
Credits	2
Marks	100

General Objective: To acquire knowledge necessary to gain Work – Life balance.

Course Objectives:

CO.	The learner will be able to :
CO 1	To know the psychological framework for life and work.
CO 2	To understand human motives, emotions and attitude.
CO 3	To learn the fundamentals for effective communication .
CO 4	To define human relations at work .
CO 5	To acknowledge goal setting and wellness.

Unit1: Introduction

Need – Workplace skills- the quality of life - Maintaining balances – Self –concept –Self – Esteem – Personality: Understanding the self, integrating self and Personality – Personality change – Personality and Job success.

Unit 2: Human motives, Emotions and attitude

Motives: Needs and wants – motivating yourself and others. Emotions: Development – classification – Emotions in work place – Emotional Intelligence. Attitude: Attitude and behaviour – Positive and negative attitude – Work-related attitude – Attitude of oneself.

Unit 3: Communicating Effectively

Communication: Components – Listening – Non-verbal communication- Communicating to get that job done – Group participation – Interpersonal communication – Barriers to communication – communication at work.

Unit 4: Human Relations at work

Motivation at work – Emotions in work place - Employer- Employee relations – Coworker relation – Customer/client relation – Ethics – Conflicts, Competition, Cooperation – Teams at work

Unit 5: Goal achievement and wellness

Goals – Contributing factors – Failures – Procrastination – Career goals and advancements – Leadership. Wellness: Job related adjustment – Stress coping mechanisms – job and wellness – habits and balances

Textbook:

Baltus, R. K. (2012). *Personal psychology for Life and Work* (5th ed.). Tata Mc Graw- Hill.

Reference :

1. Greenberg,J.S. (2001). *Comprehensive stress management*. 7thed. Chennai: Tata McGraw-Hill
2. Goleman, D. (1998). *Working with Emotional Intelligence*. Bloomsbury Publication.
3. Tracy, B., & Tracy Stein, C. (2012). *Kiss that Frog*. Harper Collins.

Course Outcomes

CO.	Upon completion of the course students will be able to :	PSO s Addressed	Cognitive Level
CO 1	Creating work- life balance.	2, 3, 4	Creating
CO 2	Assess human emotions, motives and attitudes.	2, 3, 4	Evaluating
CO 3	Make everyday communication more effective	2, 3, 4	Creating
CO 4	Reframe human relations at work.	2, 3, 4	Evaluating
CO 5	Appraise goal achievement and wellness.	2, 3, 4, 5	Analyzing and Evaluating

Relationship Matrix

Semester	Course Code	Title of the Course				Hours	Credits			
IV	21UNPY41	Psychology of Life and Work				30	2			
Course Outcomes (COs)	Programme Learning Outcomes (PLOs)					Programme Specific Outcomes (PSOs)				
	PLO 1	PLO 2	PLO 3	PLO 4	PLO 5	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO-1		✓	✓	✓	✓		✓	✓	✓	
CO-2		✓	✓	✓	✓		✓	✓	✓	
CO-3		✓	✓	✓	✓		✓	✓	✓	
CO-4		✓	✓	✓	✓		✓	✓	✓	
CO-5		✓	✓	✓	✓		✓	✓	✓	✓
	Number of matches (✓) = 36 Relationship = High									

SEMESTER – IV

Course Title	FIELDWORK / INTERNSHIP
Course Code	21UFPY41
Course Type	FW/I
Credits	2
Marks	100

The following guidelines have been framed for the courses titled Fieldwork and Internship for all the U.G. Programmes.

- Fieldwork/Internship shall be in the fourth semester of each programme.
- A Department can opt for either Fieldwork or Internship.
- Fieldwork may be done individually or in groups not exceeding five per group.
- The minimum length of the Fieldwork report should be 15 to 20 pages in A4 size.
- Marks for the Fieldwork Report will be 100 divided as 60% for the Fieldwork and 40% for Viva-Voce Examination. 2 Credits will be awarded to the students who complete Internships and produce Internship Completion Certificate duly signed by the authority concerned.
- Fieldwork / Internship shall be allotted outside the working hours for a maximum of six days.

Scheme of Evaluation:

Fieldwork	Internal	External
Word of title / Topic	5	5
Objectives / Formulation including Hypothesis	5	5
Methodology / Techniques / Procedures adopted	15	15
Chapterization of the Fieldwork Report	15	15
Summary / Findings / Summation	5	5
Works Cited / Work Consulted / References / Annexures / Footnotes	10	10
Relevance of the Fieldwork to social needs	5	5
	60	60

THE SCHEME OF EXAMINATIONS UNDER CHOICE BASED CREDIT SYSTEM

- The medium of instruction in all the UG and PG Programmes is English and Students shall write the CIA Tests and the Semester Examinations in English. Three CIA Tests for one hour each will be conducted. For the calculation of CIA Tests marks the average of the best two tests will be taken. The portion for each test can be 1.5 units of the unitized syllabi.
- Two assignments for the Undergraduate Programmes and one assignment and one seminar for the Postgraduate Programmes are compulsory.
- Two Practical Examinations will be conducted for CIA at the end of the semester and the average will be taken.

Distribution of Marks for the Students admitted into the UG and PG Programmes from the academic year 2021-2022

CIA Tests and Semester Examinations

Undergraduate, Certificate, Diploma and Advanced Diploma Programmes						
Course Type	TOTAL MARKS	CIA TESTS MAX.MARKS	SEMESTER EXAMINATION Max. Marks	PASSING MINIMUM		
				CIA	SEM. EXAM	OVERALL
Theory	100	25	75	Nil	30	40
Practical (2Hrs.)	50	20	30	Nil	12	20
Practical (4Hrs.)	100	40	60	Nil	24	40
Project	100	Nil	Report- 60 Marks Viva-Voce- 40 Marks	Nil	Nil	100

Postgraduate Programmes						
Course Type	TOTAL MARKS	CIA MARKS	SEMESTER EXAM	PASSING MINIMUM		
				CIA	SEM. EXAM	OVERALL
Theory	100	40	60	Nil	30	50
Practical	50	20	30	Nil	15	25
Practical (for PG Maths only)	100	40	60	Nil	30	50
Project Report	150	Nil	Project Report- 90 Marks Viva-Voce Examination - 60 Marks	Nil	Nil	150

CIA TESTS

Distribution of Marks

Components	Tests (A)			Assignment (B)	Seminar (C)	Record Note (D)	Total (A+B+C+D)
	I	II	III				
UG-Theory	20	20	20	5	-	-	25
	The Average of the Best Two Tests:20						
PG-Theory	30	30	30	5	5	-	40
	The Average of the Best Two Tests:30						
UG- Practical (2 hrs)	15	15		-	-	5	20
	The Average of the Tests: 15						
UG- Practical (4 hrs)	30		30	-	-	10	40
	The Average of the Tests: 30						
PG- Practical	15	15		-	-	5	20
	The Average of the Tests: 15						
PG- Practical (Maths only)	30	30		-	-	10	40
	The Average of the Tests: 30						

Question Pattern for CIA Test (Theory)

Programme	Question Paper Pattern			Total (A+B+C)
	Part-A	Part-B	Part-C	
UG	MCQs- 8x0.5=4 marks	Internal Choice (Either or type). 2x4=8 marks Answer should not exceed 250 words	Internal Choice (Either or type) 1x8=8 marks Answer should not exceed 500 words	20
PG	MCQs- 20x0.5=10 marks	Internal Choice (Either or type) 3x4=12 marks Answer should not exceed 250 words	Internal Choice (Either or type) 1x8=8 marks Answer should not exceed 500 words	30

End Semester Examination (ESE)

The students who have put in the required number of days of attendance are eligible to appear for the End Semester Examinations irrespective of whether they have passed in the CIA Tests or not. They have to pay the examination fees for all the current courses and the arrear courses, if any, and submit the application form before the due date specified for the purpose. For any reason, the

dates will not be extended. Hall tickets will be issued only for those who have paid the fees. The question papers for the End Semester Examinations for all the theory courses of the UG and the PG Programmes will be set for 75 marks.

Question Pattern for End Semester Examinations (Theory)

Programme	Question Paper Pattern			Total (A+B+C)
	Part-A	Part-B	Part-C	
UG	MCQs- 30x0.5=15 marks	Internal Choice (Either or type) 5x4=20 marks Answer should not exceed 250 words	Internal Choice (Either or type) 5x8=40 marks Answer should not exceed 500 words	75
PG	MCQs- 30x0.5=15 marks	Internal Choice (Either or type) 5x4=20 marks Answer should not exceed 250 words	Internal Choice (Either or type) 5x8=40 marks Answer should not exceed 500 words	($\frac{x}{75} \times 60$) 60

The Question Paper Pattern for the End Semester Examinations (Practical)

The Question Paper Pattern is designed by the respective departments.